

# Surf Life Saving Association of Wales Stillwater Championships

## Aggregate Total 2026

	Club	Youth	Seniors	Masters	Total
1	Pen y Bont	45	36	50	131
2	RASCALS	50	45	32	127
3	Rest Bay	36	38	45	119
4	Blyth	26	34	38	98
4	Sker and Pink Bay	32	32	34	98
5	Crawley Town LC	30	41	10	81
6	Vale SLSC	20	26	30	76
7	Llantwit Major	34	16	24	74
8	Mumbles	8	28	36	72
9	Beacon LSC	38	10	12	60
10	Rhoose	41		18	59
11	Gyllyngvase	28	14	16	58
12	Langland Bay	16		41	57
13	Heanor Swimming Club	12	24	20	56
14	Poppit Sands	18	6	28	52
15	Aberavon	24		26	50
15	LSLC		50		50
16	RPY		30		30
17	Retford		12	14	26
18	WSI Clare	6	18		24
19	Warwick Uni		20		20
20	Leeds Lifesaving	10	8		18
21	Southerndown	14			14
22	South Worcestershire				0



# Surf Life Saving Association of Wales Stillwater Championships

## Masters Championships 2026

	Club	Manikin Relay	Manikin Carry	Manikin Carry with Fins	Manikin Tow with Fins	Rope Rescue	Rescue Medley	Medley Relay	Total
1	Pen y Bont	751.5	74	238	194	170	64	105	925
2	Rest Bay	606	18	196	150	211	88	130	851
3	Langland Bay	65	70	115	117	83	50	102	625
4	Blyth	230	32	98	80	107	60	52	455
5	Mumbles	28	54	70	66	59	54	79	443
6	Sker and Pink Bay	257	32	89	70	76	48	34	383
7	RASCALS	987.5	0	50	52	36	40	40	218
8	Vale SLSC	135.5	12	57	55	38	20	20	212
9	Poppit Sands	107.5	8	19	40	33	34	30	180
10	Aberavon	137	0	34	24	50	34	20	162
11	Llantwit Major	277	10	40	46	19	20	12	147
12	Heanor Swimming Club	44	0	40	38	36	0	20	134
13	Rhoose	655	9	28	27	23	12	0	111
14	Gyllyngvase	232	11	5	20	21	14	0	82
15	Retford		0	18	18	18	0	0	54
16	Beacon LSC	613	0	18	0	0	20	0	38
17	Crawley Town LC	243	0	18	0	0	0	0	18
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# Surf Life Saving Association of Wales Stillwater Championships

## Youth Championships 2026

	Club	Pool Lifesaver	Manikin Relay	Manikin Carry	Manikin Carry with Fins	Manikin Tow with Fins	Rope Rescue	Rescue Medley	Super Life Saver	Medley Relay	Total
1	RASCALS	34	90	154.5	157	207	70	134	61	80	987.5
2	Pen y Bont	24	83	145.5	123	65	102	74	21	114	751.5
3	Rhose	15	96	134	59	106	93	48	3	101	655
4	Beacon LSC	32	34	101	104	79	62	79	90	32	613
5	Rest Bay	4	97	91	88	102	58	70	21	75	606
6	Llantwit Major	5	32	33	34	54	69	24	0	26	277
7	Skер and Pink Bay	7	25	28	50	62	19	27	9	30	257
8	Crawley Town LC	0	11	45	45	45	20	34	27	16	243
9	Gyllyngvase	10	0	37	75	18	33	21	18	20	232
10	Blyth	12	9	23	19	46	62	26	24	9	230
11	Aberavon	0	32	22	30	21	16	4	0	12	137
12	Vale SLSC	0	18	11	24.5	44	16	0	6	16	135.5
13	Poppit Sands	0	18	18	22.5	18	3	5	5	18	107.5
14	Langland Bay	0	6	11	20	0	20	0	0	8	65
15	Southerndown	3	0	1	16	3	11	3	2	12	51
16	Heanor Swimming Club	0	34	0	0	0	0	6	4	0	44
17	Leeds Lifesaving	0	0	16	7	1	0	18	0	0	42
18	Mumbles	0	0	0	2	5	21	0	0	0	28
19	WSI Clare	0	0	5	0	0	0	11	0	0	16
20											
20											
20											



# Surf Life Saving Association of Wales Stillwater Championships

## Open Championships 2026

	Club	Pool Lifesaver	Manikin Relay	Manikin Carry	Manikin Carry with Fins	Manikin Tow with Fins	Rope Rescue	Rescue Medley	Super Life Saver	Medley Relay	Total
1	LSLC	25	26	79	60	65	37	45	42	26	405
2	RASCALS	34	38	38	33	43	30	35	44	38	333
3	Crawley Town LC	16	11	41	44	46	43	28	39	31	299
4	Rest Bay	8	38	20	40	12	33	57	26	36	270
5	Pen y Bont	23	61	16	27	3	16	29	15	52	242
6	Blyth	15	28	15	3	27	48.5	0	15	24	175.5
7	Sker and Pink Bay	10	16	20	16	21	12	23	26	23	167
8	RPY	0	0	18	20	18	0	20	20	0	96
9	Mumbles	3	11	3	11	0	20	20	0	7	75
10	Vale SLSC	0	12	8	4	16	10.5	0	9	10	69.5
11	Heanor Swimming Club	9	9	10	3	13	1	7	6	10	68
12	Warwick Uni	0	6	16	12	0	13	0	10	9	66
12	WSI Clare	0	0	8	14	14	0	12	18	0	66
13	Llantwit Major	2	11	0	0	0	14	0	3	7	37
14	Gyllyngvase	0	0	0	5	8	0	6	0	12	31
14	Retford	0	7	0	0	1	14	4	5	0	31
15	Beacon LSC	0	0	0	0	0	0	0	9	0	9
16	Leeds Lifesaving	0	0	0	0	0	0	0	5	0	5
16	Poppit Sands	0	0	0	0	4	0	0	0	1	5
17											
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## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

## Event 1 Female 14 &amp; Under 50 LC Meter Manikin Carry Individual

Name	AgeTeam	Finals Time
1 Moore, Summer	14 Pen y Bont	43.56
2 Vaughan, Felicity	14 Pen y Bont	45.57
3 England, Holly	14 Rascals	45.72
4 Newman, Bethan	14 Pen y Bont	46.49
5 Brown, Thea	13 Rest Bay	46.58
6 Hale, Mali-Rae	14 Rhoose	47.23
7 Packham, Emma	13 Crawley Town	47.63
8 Hamonet, Evie	14 Rhoose	47.82
9 Oades, Tegan	14 Crawley Town	48.06
10 Neilson, Brooke	14 Llantwit Major	48.12
11 Schutte, Alice	14 Pen y Bont	48.19
12 O'Herlihy, Ffion	14 Rhoose	48.79
13 Froggatt, Summer	13 Rascals	49.12
14 Sheppard, Evie	13 Rhoose	49.21
15 Bond, Ruby	14 Aberavon	50.17
16 Payne, Vivienne	14 Southerndown	50.31
17 Clutterbuck, Ava	14 Vale	50.57
18 England, Poppy	13 Rascals	50.97
19 Ellis, Olivia	14 Rest Bay	51.55
20 Keehan, Violet	13 Rascals	51.76
21 Lyons-Jones, Ava	13 Rest Bay	52.22
22 Boneva, Sophia	13 Blyth	53.36
23 Jennings, Tula Starr	14 Llantwit Major	54.09
24 Padbury, Alana	14 Gyllyngvase	54.10
25 Bond, Mia	14 Aberavon	55.81
26 Payne, Jessica	14 Llantwit Major	55.94
27 Jenkins-Shaw, Megan	14 Poppit Sands	56.47
28 Kletta, Meredith	14 Rest Bay	1:01.25
29 Clement, Cialla	13 Langland Bay	1:01.60
30 Greig, Nevaeh	14 Southerndown	1:02.70
31 Pelders, Sofia	14 Langland Bay	1:03.17
32 Rimmer, Phoebe	13 Llantwit Major	1:04.00
33 Muirhead, Lily	14 Poppit Sands	1:12.17
--- Lewis, Emilia	13 Aberavon	DQ

## Event 2 Male 14 &amp; Under 50 LC Meter Manikin Carry Individual

Name	AgeTeam	Finals Time
1 Jones, Indi	14 Pen y Bont	42.83
2 Moore, Hari	14 Poppit Sands	43.92
3 Lewis, Henry	14 Aberavon	43.98
4 Phillips, Steffan	14 Rhoose	45.31
5 Knowlton, Josh	14 Rascals	45.38
6 Shingler, Griff	14 Langland Bay	45.97
7 Yardley, Josh	14 Rest Bay	46.07
8 Scrafton, Alex	14 Rascals	46.34
9 Mohamed, Adam	14 Rest Bay	48.14
10 Bailey, Reuben	14 Pen y Bont	48.29
11 Powell, Jacob	14 Rhoose	48.64
12 Clark, Stanley	13 Rascals	49.16
13 Marshall, Sebastian	14 Rhoose	51.03
14 Earls, Shane	14 Vale	51.46
15 Hatherell, Benjamin	14 Llantwit Major	51.74
16 Crespo, Danny	14 Vale	52.55
17 Battle, Tom	13 Rest Bay	52.93
18 Chitty, Joshua	14 Sker & Pink Bay	53.05
19 Lewis, Evan	14 Llantwit Major	54.65
20 Marshall, Evan	14 Rhoose	54.85
21 Gopinath, Mahath	14 Vale	55.64
22 Johnson, Sam	14 Southerndown	56.76

23 Honychurch, Tristan	13 Llantwit Major	58.27
24 Evans, Charlie	14 Rest Bay	58.33
25 Davies, Griff	14 Southerndown	1:07.07
26 Ramsden-Hare, Zak	13 Mumbles	1:16.12
--- Wildgoose, Austin	14 Vale	DQ

## Event 3 Female 17-18 50 LC Meter Manikin Carry Individual

Name	AgeTeam	Finals Time
1 James, Grace	17 Rest Bay	38.19
2 Lawson, Isla	17 Beacon	40.17
3 Chick, Rosie	18 Rhoose	41.40
4 Quinn, Elena	17 Rascals	42.35
5 Collis, Elizabeth	17 Beacon	43.10
6 Carey, Lucy	18 Rest Bay	43.23
7 Frydenbo-Bruvoll, Marie	18 Beacon	43.75
8 Pegrum, Martha	18 Llantwit Major	43.99
9 Cope, Aydrian	17 Rascals	44.13
10 Wong, Ava	18 Rhoose	44.38
11 Lewis, Daisy	17 Pen y Bont	44.77
12 Bellamy, Penelope	17 Vale	45.25
13 Laing, Indigo	18 Crawley Town	47.78
14 Goodall, Evie	17 Crawley Town	48.18
15 Hopkin, Rebekah	17 Rhoose	48.85
16 Carey, Amy	17 Rest Bay	48.98
17 Durrant, Annabel	18 Llantwit Major	49.19
18 Bazley, Caitlin	17 Rhoose	49.32
19 Davies, Alice	18 Poppit Sands	49.99
20 Durrant, Florence	18 Llantwit Major	50.02
21 Goldsmith, Teia	18 Beacon	50.05
22 Appleby, Skye	17 Blyth	50.14
23 Postlethwaite, Ruby	18 Rascals	50.95
24 Davies, Seren	18 Rest Bay	50.96
25 Green, Bethan	17 Poppit Sands	51.72
26 Poole, Olivia	17 Pen y Bont	51.80
27 Hodgkinson, Sophie	17 Rascals	52.46
28 Robinson, Bethan	18 Blyth	53.02
29 Jones, Isla	17 Southerndown	54.51
30 Davies, Chloe	17 Pen y Bont	56.87
31 Poole, Anna	17 Blyth	1:07.02

## Event 4 Male 17-18 50 LC Meter Manikin Carry Individual

Name	AgeTeam	Finals Time
1 Lopez, Asier	18 Crawley Town	33.19
2 Johnson, Alfie	18 Beacon	33.52
3 Adams, Ronan	18 Pen y Bont	34.28
4 Watkins, William	18 Pen y Bont	34.47
5 Bonev, Noah	17 Blyth	35.47
6 Mowbray, James	18 Blyth	35.89
7 Macklen, Harry	17 Beacon	36.02
8 Padbury, Ekekiel	18 Gyllyngvase	36.69
9 Lewis, Gethin	18 Sker & Pink Bay	37.09
10 Robertosn, Lachlan	18 Beacon	37.45
11 Lamont, Cillian	18 Rascals	37.49
12 Roberts, Eryn	18 Pen y Bont	37.88
13 Hole, Ethan	17 Rhoose	38.47
14 Pettigrew, Anders	18 Gyllyngvase	38.49
15 Ballantyne, Alex	17 Pen y Bont	40.22
16 Bellamy, James	18 Vale	40.72
17 Roche, Harry	17 Gyllyngvase	41.02
18 Martin, Haydn	18 Mumbles	41.36
19 Powell, Callum	17 Sker & Pink Bay	41.76
20 Lock-Lommerse, Sam	17 Gyllyngvase	41.87

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 4 Male 17-18 50 LC Meter Manikin Carry Individual)**

Name	AgeTeam	Finals Time
21 Eustace, Jack	17 Llantwit Major	41.97
22 Abbott, Theo	18 Rhoose	42.04
23 Stevenson, Callum	18 Heanor	42.99
24 Riddick, Max	17 Llantwit Major	44.74
25 Davies, Osian	17 Rhoose	44.84
26 Nolan, Oliver	17 Rhoose	45.36
27 White, Samuel	18 Mumbles	48.94
28 Bail-Braunton, Dylan	18 Southerndown	50.09

**Event 5 Female 15-16 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Daly, Isabella	16 Sker & Pink Bay	41.34
2 Fitzgerald, Mali	16 Rest Bay	42.04
3 Woods, Jess	16 Leeds	42.15
4 Gordon, Mabli	15 Rhoose	42.88
5 Froggatt, Sophia	16 Rascals	44.33
6 McGrane, Cara	16 Gyllyngvase	44.36
7 Godsell, Matilda	16 Llantwit Major	44.72
8 Jones, Isabella	16 Rest Bay	45.04
9 Mitchell, Evie	15 Gyllyngvase	45.59
10 Moores, Harriet	15 Rascals	45.70
11 Ashwin, Maisie	16 Gyllyngvase	45.71
12 Blake, Orla	15 Wsi Clare	45.76
13 Coles, Sophie	16 Pen y Bont	45.88
*14 Powell, Josie	16 Pen y Bont	46.03
*14 Murphy, Hannah	16 Rascals	46.03
16 Takata, Kaiya	16 Vale	46.05
17 Long, Sadie	15 Sker & Pink Bay	46.21
18 Rees, Manon	16 Poppit Sands	46.88
19 Burlingham, India	16 Rest Bay	47.52
20 Mowbray, Amy	16 Blyth	47.62
21 Sanders, Heaven-Leigh	15 Sker & Pink Bay	47.76
22 Mitchell, Amy	15 Gyllyngvase	47.85
23 Brissett, Gemma	15 Crawley Town	47.97
24 Critoph, Edie	15 Crawley Town	48.80
25 Thomas, Lily	15 Rest Bay	48.81
26 Storey, Kayla	16 Blyth	48.86
27 Binns, Isabella	16 Crawley Town	49.08
28 Benbow, Maya	15 Pen y Bont	49.11
29 Taylor, Shelby	16 Heanor	49.22
30 David, Sienna	16 Aberavon	49.35
31 Hill, Poppy	16 Rhoose	49.50
32 Harries, Elin	16 Poppit Sands	50.61
33 Morgan, Freya	15 Pen y Bont	50.89
34 Thompson, Isla	15 Rhoose	50.94
35 Lewis, Megan	15 Aberavon	51.20
36 Poole, Natasha	15 Blyth	52.16
37 Gill, Bella	16 Langland Bay	53.01
38 Jarrett, Phoebe	16 Llantwit Major	53.94
39 Hodgkinson, Emily	15 Rascals	53.98
40 Lloyd, Ruby	15 Rhoose	54.01
41 Hurley, Summer	15 Vale	56.56
42 Monaghan, Sophia	15 Aberavon	57.03
43 Jones, Hannah	16 Langland Bay	57.05
44 Jones, Menna	15 Llantwit Major	57.82
45 Auterson, Daisy	15 Llantwit Major	58.39
46 Rees Langley, Lili	16 Poppit Sands	58.86
47 Barham, Ruby	15 Sker & Pink Bay	1:00.49
48 McKenzie, Bu	16 Mumbles	1:00.77
49 Jenkins-Shaw, Cerys	16 Poppit Sands	1:01.68

50 Rogers, Elyse	16 Aberavon	1:02.47
51 Thomas, Addison	15 Mumbles	1:11.55
--- Haigh, Bella	16 Vale	DQ
--- Watkins, Mylee	16 Aberavon	DQ

**Event 6 Male 15-16 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Baxter, Riley	16 Rascals	36.13
2 Nightingale, Dylan	16 Rascals	36.64
3 Cusack, Ben	16 Beacon	37.36
4 Watson, Tobias	16 Rascals	37.66
5 Bartram, Solomon	16 Rhoose	38.20
6 Burton, Finnley	16 Pen y Bont	38.23
7 Pound, Leon	15 Rhoose	39.81
8 Brewer, Evan	16 Rhoose	40.47
9 Nicholas, Harry	15 Rhoose	40.69
10 Renshaw, Oliver	15 Rascals	42.16
11 Wood, Sam	16 Beacon	42.28
12 Bartlett-Jenkins, Beau	16 Llantwit Major	42.82
13 Goldsmith, Oscar	16 Beacon	43.00
14 Rines, Harri	15 Aberavon	43.41
15 James, Edward	16 Rest Bay	43.77
16 Byrne, Tristan	15 Aberavon	44.00
17 Robertson, Jack	16 Beacon	44.40
18 Roberts, Iestyn	15 Pen y Bont	45.90
19 Clement, Cai	15 Langland Bay	46.45
20 Coles, Tom	15 Pen y Bont	47.36
21 Williams, Rafferty	16 Pen y Bont	49.22
22 Honychurch, Dylan	16 Llantwit Major	49.44
23 Chandler, Bailey	16 Blyth	49.59
24 Chitty, Oliver	15 Sker & Pink Bay	50.17
25 Collis, Thomas	14 Beacon	50.70
26 Hooper, Joshua	15 Southerndown	52.22
27 Hedges, Joshua	15 Southerndown	54.46
28 Atkin, Patrick	15 Rest Bay	54.55
29 Rowan, Dylan	15 Vale	54.64
30 Muller, Max	16 Aberavon	57.24
31 Chislett, Thomas	15 Rest Bay	57.70
32 Howell, Rhydian	15 Rest Bay	58.03
--- Whittaker, Luke	16 Sker & Pink Bay	DQ

**Event 7 Female 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Robson, Emily	23 RPY	36.68
2 Lopez, Amaia	20 Crawley Town	38.08
3 Marchant, Rhiannon	22 LSLC	38.54
4 James, Grace	17 Rest Bay	38.74
5 Cranch, Molly	23 Sker & Pink Bay	39.44
6 Watson, Heather	20 LSLC	40.37
7 Fisher, Mimi	19 Rascals	40.62
8 Green, Jennifer	23 Mumbles	41.17
9 Lewis, Cara	19 Pen y Bont	41.24
10 Davies, Abigail	21 Rest Bay	41.93
11 Mavin, Keira	19 LSLC	43.07
12 Roche, Lillian	20 Gyllyngvase	43.55
13 Parker, Emily	23 Vale	44.11
14 Hickman, Eve	21 Rest Bay	44.17
15 Dickerson Weedy, Ellie	24 Blyth	44.38
16 Jordan, Lucy	23 LSLC	44.62
17 Daly, Kirsten	20 Sker & Pink Bay	45.31
18 Hale, Gemma	19 Langland Bay	46.00
19 Coles, Sophie	16 Pen y Bont	46.10

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 7 Female 50 LC Meter Manikin Carry Individual)**

Name	AgeTeam	Finals Time
20 Bagshaw, Annabel	21 Warwick Uni	47.61
21 Voce, Lauren	22 Heanor	48.33
22 Wright, Lynsey	27 Crawley Town	48.55
23 Hickman, Isla	17 Rest Bay	52.21
24 Cooke, Jasmin	19 Blyth	53.07
25 Newnham, Amy	19 Crawley Town	53.96
26 Gardener, Louise	20 Pen y Bont	57.22

**Event 8 Male/Open 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Sadberry, Jack	22 Crawley Town	31.26
2 Waterfall, Luke	21 Rascals	31.50
3 Geysen-Holley, Max	21 Rest Bay	32.92
4 Hayes, Ferdia	20 Wsi Clare	33.51
5 Oleinik, Anton	23 Warwick Uni	34.06
6 Adams, Ronan	18 Pen y Bont	34.50
7 Gray, Edward	23 LSLC	34.52
8 Stanley, Charles	20 LSLC	35.02
9 Hyett, Ben	20 Pen y Bont	35.15
10 Robert, Addis	22 LSLC	35.24
11 Schofield, Martin	27 Crawley Town	35.63
12 Lester, Jack	25 Rascals	35.80
13 Whittaker, Daniel	20 Sker & Pink Bay	35.87
14 Middleton, Jacob	20 Heanor	36.49
15 Clegg, Luke	21 Mumbles	37.17
16 Screeton, Jacob	24 Blyth	37.41
17 Chilvers, Ben	19 Retford	38.03
18 Gubb, Harvey	20 Aberavon	38.19
19 Lewis, Gethin	18 Sker & Pink Bay	38.84
20 Baguley, Tom	19 Retford	39.28
21 Dawson, Finlay	20 LSLC	39.48
*22 Goodall, Jacob	23 Crawley Town	40.44
*22 Bridgewood, Andrew	21 Heanor	40.44
24 Chilvers, Josh	19 Retford	40.64
25 Stephenson, Ben	20 Blyth	40.70
26 Screeton, Thomas	21 Blyth	40.77
27 Herbert, Alfie	20 Warwick Uni	44.02
28 Sung, Kieran	20 Warwick Uni	44.67
29 Chambers, Samuel	20 Aberavon	45.15
30 Harrison, Tomos	19 Poppit Sands	46.06
31 Cooper-Smith, Jordan	25 Heanor	47.68
32 Cregan, Kit	27 Rest Bay	53.30
--- Baguley, Jeremy	61 Retford	X51.21

**Event 9 Female 30-34 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Carpenter, Sam	30 Blyth	39.15
2 Marshall, Sally	30 Rascals	39.67

**Event 9 Female 35-39 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Davies, Pippa	38 Rest Bay	1:30.40

**Event 9 Female 40-44 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Mosley, Isobel	40 Heanor	46.78
2 Watkins, Emily	43 Aberavon	47.18
3 Gharahlar, Emma	43 Rest Bay	49.87
4 Costello, Rhian	41 Langland Bay	50.27
5 Hill, Sian	44 Sker & Pink Bay	58.37
6 Whitcombe, Sarah	44 Rest Bay	58.44

7 Sedgwick, Cathy	40 Blyth	58.48
8 Crook, Polly	42 Langland Bay	1:00.53
--- Smart, Claire	44 Rest Bay	DQ

**Event 9 Female 45-49 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Rowe, Rebecca	45 Rest Bay	45.55
2 Bellamy, Angelina	47 Vale	51.95
3 Storey, Carole	49 Blyth	52.91
4 Healey, Rachel	45 Rascals	54.14
5 Daniel, Kirsty	45 Rest Bay	57.96
6 Evans, Natasha	48 Rest Bay	1:01.64
7 Leach, Kathryn	49 Sker & Pink Bay	1:06.00
8 Whittaker, Gillian	45 Llantwit Major	1:12.85
9 Smith, Fera	48 Langland Bay	1:15.62

**Event 9 Female 50-54 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Lewis, Emma	52 Sker & Pink Bay	53.65
2 Hill, Julie	50 Rhoose	56.79
3 Packman, Helen	53 Pen y Bont	58.27
4 Appleby, Liz	53 Blyth	1:02.48
5 Ramsden-Hare, Louise	51 Mumbles	1:03.06
6 Schutte, Michelle	51 Pen y Bont	1:05.14
7 Chandler, Joanne	53 Blyth	1:25.65

**Event 9 Female 55-59 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Phinnemore, Andrea	56 Pen y Bont	58.44
2 Eagland, Vanessa	57 Crawley Town	59.40
3 Nyom, Sarah	56 Pen y Bont	1:26.84

**Event 9 Female 65 & Over 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
--- Lewis, Cara	19 Pen y Bont	X41.24

**Event 10 Male 30-34 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Briggs, Calum	30 Heanor	36.32
2 Ingham, Conor	31 Beacon	40.98
3 Arkley, Daniel	34 Blyth	1:17.46

**Event 10 Male 35-39 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Rudall, Huw	39 Pen y Bont	34.43
2 Lugg, Elliot	37 Pen y Bont	40.48
3 Abbott-Haigh, Gareth	39 Mumbles	41.03

**Event 10 Male 40-44 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Rosewell, Lloyd	41 Pen y Bont	37.72
2 Bayliss, Alan	43 Rest Bay	40.35
3 Bell, Stephen	43 Rest Bay	40.38
4 Carley-Smith, Alistair	43 Mumbles	41.82
5 Glyn-Jones, Hywel	43 Vale	47.25
6 James, Daniel	43 Rest Bay	49.80
7 Hale, James	42 Rhoose	50.17
8 Rees, Matthew	43 Aberavon	53.31
9 Howells, Glenn	44 Pen y Bont	53.35
10 Rines, Andrew	44 Aberavon	1:10.02

**Event 10 Male 45-49 50 LC Meter Manikin Carry Individual**

Name	AgeTeam	Finals Time
1 Watkins, Richard	48 Pen y Bont	36.51
2 Gill, Ned	46 Langland Bay	41.26

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 10 Male 45-49 50 LC Meter Manikin Carry Individual)**

Name	Age	Team	Finals Time
3 De-Schoolmeester, Ian	45	Pen y Bont	44.00
4 Watkins, Dave	46	Pen y Bont	44.73
5 Taylor, Stephen	48	Rest Bay	47.69
6 Woodhall, Tom	48	Llantwit Major	48.98
7 Harrison, Alex	45	Poppit Sands	51.40
8 Atkin, Rob	46	Rest Bay	51.57
9 Payne, George	46	Llantwit Major	54.30
10 Clutterbuck, Owen	47	Vale	57.71
11 Grant, Phillip	49	Rest Bay	1:00.32
--- Evans, Edward	48	Poppit Sands	DQ

**Event 10 Male 50-54 50 LC Meter Manikin Carry Individual**

Name	Age	Team	Finals Time
1 Robinson, Craig	53	Pen y Bont	38.32
2 Fox, Terry	51	Rascals	38.77
3 Davies, Matthew	53	Rest Bay	42.18
4 Nicholas, Grant	52	Mumbles	43.68
5 Foster, Jon	52	Llantwit Major	45.47
6 Morgan, Richard	53	Pen y Bont	46.61
7 Parkinson, Andy	53	Langland Bay	46.70
8 Davies, Paul	53	Poppit Sands	47.86
9 Davies, Lee	50	Pen y Bont	48.80
10 Edwards, Mark	54	Skер & Pink Bay	51.13
11 Massignani, Lucio	54	Langland Bay	51.69
12 McGrane, Paul	50	Gyllyngvase	55.82
13 Chitty, Darren	53	Skер & Pink Bay	1:09.48
--- White, Chris	54	Mumbles	DQ

**Event 10 Male 55-59 50 LC Meter Manikin Carry Individual**

Name	Age	Team	Finals Time
1 Parker, Simon	59	Vale	46.37
2 Jones, Peter	55	Rest Bay	50.28
3 Llewellyn, Huw	55	Skер & Pink Bay	58.39
4 Faulkner, Tony	59	Mumbles	1:02.07
5 Chandler, Mark	56	Blyth	1:13.28

**Event 10 Male 60-64 50 LC Meter Manikin Carry Individual**

Name	Age	Team	Finals Time
1 Yates, Ian	64	Pen y Bont	50.79
2 Baguley, Jeremy	61	Retford	51.21
3 Dalrymple, Andy	60	Langland Bay	51.93

**Event 10 Male 65 & Over 50 LC Meter Manikin Carry Individual**

Name	Age	Team	Finals Time
1 Griffiths, Alun	67	Skер & Pink Bay	51.23
2 John, Chris	66	Langland Bay	56.68
3 Williams, Paul	66	Langland Bay	59.18

**Event 16 Female 14 & Under 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	1:48.02
1) Moore, Summer 14	2) Newman, Bethan 14	
3) Schutte, Alice 14	4) Vaughan, Felicity 14	
15.73	1:32.29	
2 Rhoose	A	1:56.65
15.83	1:40.82	
3 Rascals	A	2:05.17
1) England, Poppy 13	2) Keehan, Violet 13	
3) Froggatt, Summer 13	4) England, Holly 14	
30.47	1:34.70	

4 Rest Bay	B	2:07.59
1) Hunter, Maibel 13	2) Williams, Evelyn 13	
3) Launder, Beatrix 13	4) Jack, Layla 14	
24.01	1:43.58	
5 Rhoose	B	2:07.88
22.82	1:45.06	
6 Rest Bay	A	2:08.93
1) Kletta, Meredith 14	2) Lyons-Jones, Ava 13	
3) Brown, Thea 13	4) Ellis, Olivia 14	
18.06	1:50.87	
7 Aberavon	A	2:11.36
1) Bond, Ruby 14	2) Bond, Mia 14	
54.88	1:16.48	
8 Pen y Bont	B	2:11.55
1) Hearne, Leila 13	2) Roberts, Holly 13	
3) James, Mali 13	4) Thomas, Matilda 13	
24.95	1:46.60	
9 Llantwit Major	A	2:15.20
1) Barber, Erin 14	2) Payne, Jessica 14	
3) Neilson, Brooke 14	4) Hatherell, Alice 14	
1:05.41	1:09.79	
10 Poppit Sands	A	2:18.15
1) Forster, Menna 13	2) Jenkins-Shaw, Megan 14	
3) Muirhead, Lily 14	4) Parry, Abigail 13	
1:11.24	1:06.91	
11 Langland Bay	A	2:35.01
1) Antrobus, Annabel 14	2) Parkinson, Elodie 14	
3) Clement, Cialla 13	4) Pelders, Sofia 14	
1:07.94	1:27.07	

**Event 17 Male 14 & Under 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Rhoose	A	1:59.68
1:02.67	57.01	
2 Vale	A	2:00.91
1:00.14	1:00.77	
3 Rest Bay	A	2:02.73
1) Evans, Charlie 14	2) Yardley, Josh 14	
3) Battle, Tom 13	4) Mohamed, Adam 14	
59.02	1:03.71	

**Event 18 Female 17-18 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Rascals	A	1:46.63
1) Smith, Emme 18	2) Cope, Aydrian 17	
3) Clark, Grace 17	4) Quinn, Elena 17	
55.59	51.04	
2 Rest Bay	A	1:47.53
53.55	53.98	
3 Llantwit Major	A	1:48.82
1) Pegrum, Martha 18	2) Durrant, Annabel 18	
3) Durrant, Florence 18	4) Godsell, Matilda 16	
16.96	1:31.86	
4 Rhoose	A	1:50.29
52.67	57.62	
5 Pen y Bont	A	1:55.27
1) Davies, Chloe 17	2) Lewis, Daisy 17	
3) Poole, Olivia 17	4) Watkins, Amy 17	
15.48	1:39.79	
6 Crawley Town	A	1:56.49
57.67	58.82	
7 Rest Bay	B	2:06.03
1:02.15	1:03.88	

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**Event 19 Male 17-18 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Rascals	A	1:23.55
35.31	48.24	
2 Beacon	A	1:26.51
42.27	44.24	
3 Pen y Bont	A	1:30.44
1) Adams, Ronan 18	2) Ballantyne, Alex 17	
3) Roberts, Eryn 18	4) Watkins, William 18	
36.05	54.39	
4 Gyllyngvase	A	1:30.60
1) Roche, Harry 17	2) Lock-Lommerse, Sam 17	
3) Pettigrew, Anders 18	4) Padbury, Ekekiel 18	
41.11	49.49	
5 Rhoose	A	1:42.47
15.26	1:27.21	
6 Southerndown	A	1:52.01
--- Mumbles	A	DQ
17.33	1:45.46	

**Event 20 Female 15-16 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Gyllyngvase	A	1:44.04
1) Mitchell, Evie 15	2) Mitchell, Amy 15	
3) McGrane, Cara 16	4) Ashwin, Maisie 16	
22.28	1:21.76	
2 Rest Bay	A	1:51.53
1) Jones, Isabella 16	2) Thomas, Lily 15	
3) Burlingham, India 16	4) Fitzgerald, Mali 16	
15.03	1:36.50	
3 Rascals	A	1:54.93
1) Murphy, Hannah 16	2) Froggatt, Sophia 16	
3) Hodgkinson, Emily 15	4) Moores, Harriet 15	
21.35	1:33.58	
4 Sker & Pink Bay	A	1:55.93
1) Daly, Isabella 16	2) Barham, Ruby 15	
3) Long, Sadie 15	4) Sanders, Heaven-Leigh 15	
16.27	1:39.66	
5 Pen y Bont	A	1:58.14
1) Coles, Sophie 16	2) Morgan, Freya 15	
3) Powell, Josie 16	4) Benbow, Maya 15	
55.67	1:02.47	
6 Poppit Sands	A	2:08.92
1) Harries, Elin 16	2) Harries, Megan 16	
3) Rees, Manon 16	4) Rees Langley, Lili 16	
1:06.60	1:02.32	
7 Aberavon	A	2:13.52
1) Watkins, Mylee 16	2) Monaghan, Sophia 15	
3) David, Sienna 16	4) Rogers, Elyse 16	
17.74	1:55.78	
8 Blyth	A	2:16.30
1:01.93	1:14.37	
9 Llantwit Major	A	2:16.98
1) Jarrett, Phoebe 16	2) Powell, Lauren 15	
3) Woodhall, Ellen 15	4) Thomas, Lottie 15	
1:14.60	1:02.38	
--- Rhoose	A	DQ
1:00.83	53.52	

**Event 21 Male 15-16 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Rhoose	A	1:36.10
16.53	1:19.57	

2 Rascals	A	1:36.18
49.71	46.47	
3 Beacon	A	1:48.88
57.74	51.14	
4 Pen y Bont	A	1:50.85
1) Burton, Finnley 16	2) Coles, Tom 15	
3) Williams, Rafferty 16	4) Roberts, Iestyn 15	
32.34	1:18.51	
5 Aberavon	A	2:05.74
1) Byrne, Tristan 15	2) Muller, Max 16	
3) Rees, Harvey 15	4) Rines, Harri 15	
40.05	1:25.69	
6 Sker & Pink Bay	A	2:07.87
1) Chitty, Oliver 15	2) Whittaker, Luke 16	
3) Williams, Osian 15	4) Chitty, Joshua 14	
19.45	1:48.42	
7 Rest Bay	A	2:15.96
1) Atkin, Patrick 15	2) Chislett, Thomas 15	
3) Howell, Rhydian 15	4) James, Edward 16	
19.53	1:56.43	

**Event 22 Female 40-69 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Blyth	A	2:02.14
1:02.69	59.45	
2 Mumbles	A	2:17.32
1:06.93	1:10.39	
3 Pen y Bont	A	2:44.47
47.69	1:56.78	
--- Rest Bay	A	DQ
16.15	2:33.02	
--- Langland Bay	D	DQ
37.97	1:22.79	

**Event 22 Female 70-99 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
--- Rest Bay	A	DQ
15.14	1:52.38	

**Event 22 Female 100 & Over 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Langland Bay	A	3:31.82
26.53	3:05.29	

**Event 22 Male/Open 20-39 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	1:45.43
1) Rudall, Huw 39	2) Rosewell, Lloyd 41	
3) Howells, Glenn 44	4) Lugg, Elliot 37	
44.53	1:00.90	

**Event 22 Male/Open 40-69 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Langland Bay	D	1:50.42
24.57	1:25.85	
2 Pen y Bont	A	1:57.87
52.48	1:05.39	

**Event 22 Male/Open 70-99 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	1:26.87
17.69	1:09.18	
2 Rest Bay	A	1:37.56
19.87	1:17.69	

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**(Event 22 Male/Open 70-99 4x25 LC Meter Relay Manikin Relay)**

Team	Relay	Finals Time
3 Mumbles	A	1:39.28
15.06	1:24.22	
4 Langland Bay	D	1:54.39
23.56	1:30.83	
5 Vale	A	1:56.65
30.09	1:26.56	
6 Gyllyngvase	A	2:03.08
1) Lock, James 49	2) McGrane, Paul 50	
3) Padbury, Joseph 46	4) Pettigrew, Lee 46	
16.94	1:46.14	
7 Llantwit Major	D	2:08.04
1) Payne, George 46	2) Woodhall, Tom 48	
3) Foster, Jon 52		
1:01.39	1:06.65	
8 Rhoose	D	2:10.08
42.60	1:27.48	
9 Poppit Sands	D	2:11.88
15.43	1:56.45	
--- Rest Bay	B	DQ
20.61	1:41.62	

**Event 22 Male/Open 100 & Over 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Mumbles	B	2:06.24
1:01.05	1:05.19	
2 Sker & Pink Bay	A	2:12.31
1) Lewis, Emma 52	2) Hill, Sian 44	
3) Edwards, Mark 54	4) Griffiths, Alun 67	
17.82	1:54.49	
3 Langland Bay	D	2:20.72
37.85	1:42.87	
4 Sker & Pink Bay	B	2:43.02
1) Chitty, Darren 53	2) Coombes, Barry 54	
3) Llewellyn, Huw 55		
1:20.26	1:22.76	
5 Blyth	A	3:04.69
15.44	2:49.25	

**Event 26 Female 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Rest Bay	A	1:39.66
50.93	48.73	
2 Rascals	A	1:40.49
15.97	1:24.52	
3 Sker & Pink Bay	D	1:41.76
4 Pen y Bont	A	1:49.44
17.85	1:31.59	
5 Vale	A	1:50.50
1:36.10	14.40	
6 Crawley Town	A	1:52.25
1) Wright, Lynsey 27	2) Laing, Indigo 18	
3) Lopez, Amaia 20	4) Newnham, Amy 19	
38.64	1:13.61	
7 Rest Bay	B	1:53.93
1:31.16	22.77	
8 Blyth	D	1:57.69
1:02.23	55.46	
9 Pen y Bont	B	2:03.51
57.56	1:05.95	
10 Llantwit Major	D	2:04.11

11 Pen y Bont	C	2:49.37
1:35.11	1:14.26	
--- Retford	A	X1:38.73
--- LSLC	A	DQ
1) Jordan, Lucy 23	2) Marchant, Rhiannon 22	
3) Mavin, Keira 19	4) Watson, Heather 20	
16.01	1:20.25	

**Event 27 Male/Open 4x25 LC Meter Relay Manikin Relay**

Team	Relay	Finals Time
1 Rascals	A	1:18.14
1) Baxter, Riley 16	2) Waterfall, Luke 21	
3) Lester, Jack 25	4) Lamont, Cillian 18	
29.39	48.75	
2 Pen y Bont	A	1:19.22
36.07	43.15	
3 LSLC	A	1:20.46
1) Gray, Edward 23	2) Postlethwaite, Freddie 21	
3) Robert, Addis 22	4) Stanley, Charles 20	
39.89	40.57	
4 Blyth	A	1:26.61
21.97	1:04.64	
5 Pen y Bont	B	1:31.23
21.31	1:09.92	
6 Mumbles	A	1:32.62
19.68	1:12.94	
7 LSLC	B	1:33.43
1) Dawson, Finlay 20	2) Torr, Ryan 21	
3) Chappell, Jacob 19	4) Ostropyts'kyi, Alexander 20	
19.70	1:13.73	
8 Heanor	A	1:37.39
1) Bridgewood, Andrew 21	2) Cooper-Smith, Jordan 25	
3) Stevenson, Callum 18	4) Middleton, Jacob 20	
51.65	45.74	
9 Rest Bay	A	1:38.69
1) Baguley, Jeremy 61	2) Baguley, Tom 19	
3) Chilvers, Ben 19	4) Chilvers, Josh 19	
43.28	55.41	
10 Retford	A	1:38.73
11 Warwick Uni	A	1:41.87
3) Herbert, Alfie 20	4) Kung, Ling Kong 20	
31.00	1:10.87	
12 Blyth	D	1:42.80
52.18	50.62	
13 Llantwit Major	A	1:46.14
1) Bartlett-Jenkins, Beau 16	2) Riddick, Max 17	
3) Eustace, Jack 17		
53.82	52.32	
14 Pen y Bont	C	1:47.97
48.74	59.23	
--- Crawley Town	A	DQ
1) Goodall, Jacob 23	2) Schofield, Martin 27	
3) Lopez, Asier 18	4) Sadberry, Jack 22	
39.27	42.38	
--- Sker & Pink Bay	D	DQ
44.71	44.59	

**Event 28 Female 14 & Under 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Moore, Summer	14	Pen y Bont	1:10.93
2 Vaughan, Felicity	14	Pen y Bont	1:13.15
3 England, Holly	14	Rascals	1:14.71
4 Launder, Beatrix	13	Rest Bay	1:16.60

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## Results

**(Event 28 Female 14 & Under 100 LC Meter Manikin Carry (Fins) Individual)**

Name	Age	Team	Finals Time
5 Schutte, Alice	14	Pen y Bont	1:17.38
6 Bond, Ruby	14	Aberavon	1:17.50
7 Newman, Bethan	14	Pen y Bont	1:18.10
8 Ellis, Olivia	14	Rest Bay	1:18.13
9 Packham, Emma	13	Crawley Town	1:18.54
10 Neilson, Brooke	14	Llantwit Major	1:18.69
11 Payne, Vivienne	14	Southerndown	1:18.93
12 Hale, Mali-Rae	14	Rhoose	1:19.19
13 Antrobus, Annabel	14	Langland Bay	1:19.33
*14 Clutterbuck, Ava	14	Vale	1:20.46
*14 Parry, Abigail	13	Poppit Sands	1:20.46
16 Brown, Thea	13	Rest Bay	1:20.52
17 O'Herlihy, Ffion	14	Rhoose	1:20.69
18 Froggatt, Summer	13	Rascals	1:20.78
19 Mason, Lilly	14	Rhoose	1:21.32
20 Jack, Layla	14	Rest Bay	1:21.56
21 Lyons-Jones, Ava	13	Rest Bay	1:22.46
22 Oades, Tegan	14	Crawley Town	1:22.49
23 Sheppard, Evie	13	Rhoose	1:23.92
24 Thomas, Matilda	13	Pen y Bont	1:25.06
25 Jenkins-Shaw, Megan	14	Poppit Sands	1:26.01
26 Morgan, Brooke	13	Pen y Bont	1:26.13
27 Kletta, Meredith	14	Rest Bay	1:26.83
28 Hatherell, Alice	14	Llantwit Major	1:27.06
29 Hamonet, Evie	14	Rhoose	1:27.19
30 Nolan, Joanie	14	Rhoose	1:27.79
31 Williams, Evelyn	13	Rest Bay	1:28.11
32 Roberts, Holly	13	Pen y Bont	1:28.43
33 Barber, Erin	14	Llantwit Major	1:28.45
34 Padbury, Alana	14	Gyllyngvase	1:28.98
35 Jennings, Tula Starr	14	Llantwit Major	1:29.15
36 Boneva, Sophia	13	Blyth	1:29.97
37 Braddon, Abby	14	Rhoose	1:30.11
38 Hunter, Maibel	13	Rest Bay	1:30.17
39 Lewis, Emilia	13	Aberavon	1:32.27
40 Parkinson, Elodie	14	Langland Bay	1:33.12
41.10	52.02		
41 Sargent, Teegan	14	Rhoose	1:33.19
42 Hearne, Leila	13	Pen y Bont	1:33.67
43 Payne, Jessica	14	Llantwit Major	1:34.04
44 Keehan, Violet	13	Rascals	1:34.17
45 Greig, Nevaeh	14	Southerndown	1:34.44
46 James, Mali	13	Pen y Bont	1:35.14
47 Forster, Menna	13	Poppit Sands	1:35.98
48 Watkins, Mya	13	Pen y Bont	1:37.93
49 Pelders, Sofia	14	Langland Bay	1:38.09
36.04	1:02.05		
50 Rimmer, Phoebe	13	Llantwit Major	1:39.49
51 Lyne, Anwen	14	Llantwit Major	1:40.43
39.95	1:00.48		
52 Clement, Cialla	13	Langland Bay	1:41.28
53 Muirhead, Lily	14	Poppit Sands	1:48.43
43.26	1:05.17		
--- England, Poppy	13	Rascals	DQ
31.69	54.42		

**Event 29 Male 14 & Under 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Moore, Hari	14	Poppit Sands	1:07.00
2 Jones, Indi	14	Pen y Bont	1:07.20

3 Shingler, Griff	14	Langland Bay	1:10.70
4 Bailey, Reuben	14	Pen y Bont	1:11.73
5 Lewis, Henry	14	Aberavon	1:14.29
6 Knowlton, Josh	14	Rascals	1:14.34
7 Johnson, Sam	14	Southerndown	1:18.82
8 Scrafton, Alex	14	Rascals	1:19.55
9 Mohamed, Adam	14	Rest Bay	1:20.06
10 Phillips, Steffan	14	Rhoose	1:20.39
11 Yardley, Josh	14	Rest Bay	1:22.12
12 Powell, Jacob	14	Rhoose	1:22.47
13 Chitty, Joshua	14	Sker & Pink Bay	1:22.68
14 Marshall, Sebastian	14	Rhoose	1:23.77
15 Clark, Stanley	13	Rascals	1:24.18
16 Earls, Shane	14	Vale	1:24.22
17 Lewis, Evan	14	Llantwit Major	1:24.75
18 Crespo, Danny	14	Vale	1:25.23
19 Hatherell, Benjamin	14	Llantwit Major	1:25.78
20 Thompson, Finley	13	Rhoose	1:27.24
21 Marshall, Evan	14	Rhoose	1:28.32
22 Wildgoose, Austin	14	Vale	1:32.23
23 Gopinath, Mahath	14	Vale	1:32.75
24 Evans, Charlie	14	Rest Bay	1:33.09
25 Honychurch, Tristan	13	Llantwit Major	1:39.21
--- Battle, Tom	13	Rest Bay	DQ

**Event 30 Female 17-18 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Lawson, Isla	17	Beacon	1:01.98
2 Frydenbo-Bruvoll, Marie	18	Beacon	1:04.23
3 Quinn, Elena	17	Rascals	1:05.11
4 Bellamy, Penelope	17	Vale	1:06.41
5 Laing, Indigo	18	Crawley Town	1:06.51
6 Cope, Ayrrian	17	Rascals	1:06.87
7 Carey, Lucy	18	Rest Bay	1:07.31
8 James, Grace	17	Rest Bay	1:07.55
9 Pegrum, Martha	18	Llantwit Major	1:08.66
10 Collis, Elizabeth	17	Beacon	1:09.00
11 Postlethwaite, Ruby	18	Rascals	1:09.22
12 Goodall, Evie	17	Crawley Town	1:12.65
13 Clark, Grace	17	Rascals	1:13.38
14 Coombes, Cerys	18	Sker & Pink Bay	1:14.19
15 Robinson, Bethan	18	Blyth	1:15.09
16 Hodgkinson, Sophie	17	Rascals	1:17.89
17 Bazley, Caitlin	17	Rhoose	1:18.88
18 Lewis, Daisy	17	Pen y Bont	1:19.28
19 Poole, Olivia	17	Pen y Bont	1:19.29
20 Smith, Emme	18	Rascals	1:20.49
21 Green, Bethan	17	Poppit Sands	1:20.87
22 Durrant, Annabel	18	Llantwit Major	1:21.52
23 Appleby, Skye	17	Blyth	1:22.50
24 Davies, Seren	18	Rest Bay	1:23.50
25 Goldsmith, Teia	18	Beacon	1:25.37
26 Durrant, Florence	18	Llantwit Major	1:26.01
33.59	52.42		
27 Hopkin, Rebekah	17	Rhoose	1:26.08
28 Jones, Isla	17	Southerndown	1:28.20
29 Davies, Lily	17	Southerndown	1:31.24
30 Poole, Anna	17	Blyth	1:36.45

**Event 31 Male 17-18 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Lopez, Asier	18	Crawley Town	52.11

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**(Event 31 Male 17-18 100 LC Meter Manikin Carry (Fins) Individual)**

Name	Age	Team	Finals Time
2 Johnson, Alfie	18	Beacon	53.53
3 Macklen, Harry	17	Beacon	54.82
4 Mowbray, James	18	Blyth	57.97
5 Lewis, Gethin	18	Skер & Pink Bay	58.38
6 Pettigrew, Anders	18	Gyllyngvase	58.97
7 Roche, Harry	17	Gyllyngvase	59.73
8 Padbury, Ekekiel	18	Gyllyngvase	1:00.18
9 Watkins, William	18	Pen y Bont	1:00.23
10 Adams, Ronan	18	Pen y Bont	1:00.39
11 Lamont, Cillian	18	Rascals	1:00.49
12 Bellamy, James	18	Vale	1:02.30
13 Hole, Ethan	17	Rhoose	1:04.19
14 Lock-Lommerse, Sam	17	Gyllyngvase	1:04.80
15 White, Samuel	18	Mumbles	1:05.97
16 Abbott, Theo	18	Rhoose	1:06.55
17 Martin, Haydn	18	Mumbles	1:06.84
18 Ballantyne, Alex	17	Pen y Bont	1:07.12
19 Powell, Callum	17	Skер & Pink Bay	1:07.46
20 Stevenson, Callum	18	Heanor	1:08.36
21 Roberts, Ewyn	18	Pen y Bont	1:08.60
22 Riddick, Max	17	Llantwit Major	1:13.38
23 Bail-Braunton, Dylan	18	Southerndown	1:14.65
24 Eustace, Jack	17	Llantwit Major	1:14.68
25 Nolan, Oliver	17	Rhoose	1:20.56

**Event 32 Female 15-16 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Daly, Isabella	16	Skер & Pink Bay	1:02.36
2 Mitchell, Evie	15	Gyllyngvase	1:07.06
3 Mitchell, Amy	15	Gyllyngvase	1:07.76
4 Jones, Isabella	16	Rest Bay	1:08.54
5 Gordon, Mabli	15	Rhoose	1:09.20
6 Godsell, Matilda	16	Llantwit Major	1:09.29
7 Fitzgerald, Mali	16	Rest Bay	1:09.60
8 Murphy, Hannah	16	Rascals	1:09.84
9 McGrane, Cara	16	Gyllyngvase	1:11.01
10 Woods, Jess	16	Leeds	1:11.17
11 Long, Sadie	15	Skер & Pink Bay	1:11.81
12 Watkins, Mylee	16	Aberavon	1:12.00
13 Coles, Sophie	16	Pen y Bont	1:13.54
14 Mowbray, Amy	16	Blyth	1:14.19
15 Haigh, Bella	16	Vale	1:14.74
16 Benbow, Maya	15	Pen y Bont	1:15.22
17 Blake, Orla	15	Wsi Clare	1:15.23
18 Harries, Elin	16	Poppit Sands	1:15.58
19 David, Sienna	16	Aberavon	1:16.30
29.58	46.72		
*20 Rees, Manon	16	Poppit Sands	1:16.48
*20 Whitcombe, Lili	15	Rest Bay	1:16.48
22 Takata, Kaiya	16	Vale	1:16.57
23 Hill, Poppy	16	Rhoose	1:16.83
24 Potts, Daisy	16	Rest Bay	1:16.98
25 Thomas, Lily	15	Rest Bay	1:18.26
26 Powell, Josie	16	Pen y Bont	1:18.41
27 Moores, Harriet	15	Rascals	1:19.08
28 Ashwin, Maisie	16	Gyllyngvase	1:20.21
29 Hill, Soren	15	Rhoose	1:20.54
30 Taylor, Shelby	16	Heanor	1:20.63
31 Froggatt, Sophia	16	Rascals	1:20.64
32 Rees Langley, Lili	16	Poppit Sands	1:21.28

33 Woodhall, Ellen	15	Llantwit Major	1:21.73
34 Lewis, Megan	15	Aberavon	1:21.83
35 Sanders, Heaven-Leigh	15	Skер & Pink Bay	1:22.08
36 Brissett, Gemma	15	Crawley Town	1:22.61
37 Critoph, Edie	15	Crawley Town	1:23.01
38 Storey, Kayla	16	Blyth	1:23.23
39 Thompson, Isla	15	Rhoose	1:23.31
40 Jarrett, Phoebe	16	Llantwit Major	1:24.21
41 Harries, Megan	16	Poppit Sands	1:24.29
42 Hurley, Summer	15	Vale	1:24.59
43 Gill, Bella	16	Langland Bay	1:24.95
44 Hodgkinson, Emily	15	Rascals	1:25.40
45 Morgan, Freya	15	Pen y Bont	1:25.42
46 Poole, Natasha	15	Blyth	1:25.80
47 Binns, Isabella	16	Crawley Town	1:26.37
48 Monaghan, Sophia	15	Aberavon	1:27.78
49 Powell, Lauren	15	Llantwit Major	1:28.22
50 Rogers, Elyse	16	Aberavon	1:28.48
51 Auterson, Daisy	15	Llantwit Major	1:30.00
52 Barham, Ruby	15	Skер & Pink Bay	1:30.01
53 Lloyd, Ruby	15	Rhoose	1:32.39
54 McKenzie, Bu	16	Mumbles	1:32.61
55 Jenkins-Shaw, Cerys	16	Poppit Sands	1:33.72
56 Neenan, Eloise	15	Southerndown	1:34.21
57 Jones, Menna	15	Llantwit Major	1:34.76
58 Thomas, Lottie	15	Llantwit Major	1:35.13
59 Dabrowska, Maisie	16	Rhoose	1:37.52
60 Thomas, Addison	15	Mumbles	1:44.34
--- Evans, Moli	16	Aberavon	DQ
34.76	1:04.68		
--- Burlingham, India	16	Rest Bay	DQ

**Event 33 Male 15-16 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Watson, Tobias	16	Rascals	54.95
2 Cusack, Ben	16	Beacon	58.84
3 Pollicott, Harry	16	Rascals	58.86
4 Baxter, Riley	16	Rascals	59.60
5 Bartram, Solomon	16	Rhoose	1:00.73
6 Burton, Finnley	16	Pen y Bont	1:01.12
7 Nightingale, Dylan	16	Rascals	1:02.82
8 Pound, Leon	15	Rhoose	1:03.97
9 Bartlett-Jenkins, Beau	16	Llantwit Major	1:07.82
10 James, Edward	16	Rest Bay	1:09.47
11 Brough, Jack	15	Rascals	1:09.57
12 Whittaker, Luke	16	Skер & Pink Bay	1:09.58
13 Goldsmith, Oscar	16	Beacon	1:09.62
14 Wood, Sam	16	Beacon	1:11.46
15 Byrne, Tristan	15	Aberavon	1:11.86
16 Brewer, Evan	16	Rhoose	1:12.11
17 Rines, Harri	15	Aberavon	1:12.60
18 Coles, Tom	15	Pen y Bont	1:12.81
19 Nicholas, Harry	15	Rhoose	1:13.54
20 Chitty, Oliver	15	Skер & Pink Bay	1:14.11
21 Chandler, Bailey	16	Blyth	1:14.25
22 Roberts, Iestyn	15	Pen y Bont	1:16.15
23 Renshaw, Oliver	15	Rascals	1:16.74
24 Hooper, Joshua	15	Southerndown	1:19.13
25 Clement, Cai	15	Langland Bay	1:19.70
26 Robertson, Jack	16	Beacon	1:21.62
27 Williams, Rafferty	16	Pen y Bont	1:22.71
28 Atkin, Patrick	15	Rest Bay	1:22.87

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**(Event 33 Male 15-16 100 LC Meter Manikin Carry (Fins) Individual)**

Name	Age	Team	Finals Time
29 Muller, Max	16	Aberavon	1:26.68
	33.59	53.09	
30 Chislett, Thomas	15	Rest Bay	1:30.09
31 Howell, Rhydian	15	Rest Bay	1:31.53
--- Honychurch, Dylan	16	Llantwit Major	DQ
--- Rowan, Dylan	15	Vale	DQ

**Event 34 Female 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Watson, Heather	20	LSLC	56.43
2 Robson, Emily	23	RPY	58.58
3 Marchant, Rhiannon	22	LSLC	1:02.22
4 Lewis, Cara	19	Pen y Bont	1:03.28
5 Fisher, Mimi	19	Rascals	1:03.85
6 Daly, Kirsten	20	Skер & Pink Bay	1:05.94
7 Dickerson Weedy, Ellie	24	Blyth	1:06.19
8 Lopez, Amaia	20	Crawley Town	1:06.24
9 Parker, Emily	23	Vale	1:07.78
10 Jordan, Lucy	23	LSLC	1:07.95
11 Davies, Abigail	21	Rest Bay	1:08.38
12 Cranch, Molly	23	Skер & Pink Bay	1:09.09
13 Bagshaw, Annabel	21	Warwick Uni	1:10.39
14 Voce, Lauren	22	Heanor	1:13.79
15 Newnham, Amy	19	Crawley Town	1:14.68
16 Wright, Lynsey	27	Crawley Town	1:16.81
17 Mavin, Keira	19	LSLC	1:16.89
18 Thomas, Zoe May	19	Poppit Sands	1:21.73
19 Cooke, Jasmin	19	Blyth	1:24.23

**Event 35 Male/Open 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Sadberry, Jack	22	Crawley Town	48.62
2 Postlethwaite, Freddie	21	LSLC	50.19
3 Waterfall, Luke	21	Rascals	51.07
4 Geysen-Holley, Max	21	Rest Bay	52.23
5 Oleinik, Anton	23	Warwick Uni	52.64
6 Gray, Edward	23	LSLC	53.23
7 Lester, Jack	25	Rascals	55.50
8 Schofield, Martin	27	Crawley Town	55.69
9 Hayes, Ferdia	20	Wsi Clare	56.29
10 Middleton, Jacob	20	Heanor	56.35
11 Stanley, Charles	20	LSLC	57.03
12 Screeton, Jacob	24	Blyth	57.04
13 Lewis, Gethin	18	Skер & Pink Bay	58.79
14 Clegg, Luke	21	Mumbles	58.81
15 Hyett, Ben	20	Pen y Bont	59.02
16 Robert, Addis	22	LSLC	59.77
17 Ostropyts'kyi, Alexander	20	LSLC	1:00.31
18 Whittaker, Daniel	20	Skер & Pink Bay	1:00.45
19 Bridgewood, Andrew	21	Heanor	1:01.01
20 Goodall, Jacob	23	Crawley Town	1:01.27
21 Screeton, Thomas	21	Blyth	1:02.43
22 Stephenson, Ben	20	Blyth	1:03.26
23 Gubb, Harvey	20	Aberavon	1:03.40
24 Chilvers, Ben	19	Retford	1:04.77
25 Chilvers, Josh	19	Retford	1:05.88
26 Dawson, Finlay	20	LSLC	1:08.01
27 Baguley, Tom	19	Retford	1:09.52
28 Herbert, Alfie	20	Warwick Uni	1:12.29
29 Cooper-Smith, Jordan	25	Heanor	1:12.60

30 Torr, Ryan	21	LSLC	1:12.91
31 Chambers, Samuel	20	Aberavon	1:13.09
32 Chappell, Jacob	19	LSLC	1:14.21
33 Sung, Kieran	20	Warwick Uni	1:15.83
34 Harrison, Tomos	19	Poppit Sands	1:19.00
35 Cregan, Kit	27	Rest Bay	1:25.84

**Event 36 Female 30-34 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Marshall, Sally	30	Rascals	1:01.29
2 Carpenter, Sam	30	Blyth	1:07.44

**Event 36 Female 35-39 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
--- Davies, Pippa	38	Rest Bay	DQ
	45.93	1:13.45	

**Event 36 Female 40-44 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Gharahlar, Emma	43	Rest Bay	1:13.84
2 Mosley, Isobel	40	Heanor	1:16.23
3 Crook, Polly	42	Langland Bay	1:19.33
4 Sedgwick, Cathy	40	Blyth	1:29.61
5 Costello, Rhian	41	Langland Bay	1:30.93

**Event 36 Female 45-49 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Rowe, Rebecca	45	Rest Bay	1:10.64
2 Bellamy, Angelina	47	Vale	1:20.34
3 Storey, Carole	49	Blyth	1:23.77
4 Healey, Rachel	45	Rascals	1:27.07
5 Whittaker, Gillian	45	Llantwit Major	1:38.25
6 Leach, Kathryn	49	Skер & Pink Bay	1:40.02
7 Daniel, Kirsty	45	Rest Bay	1:42.30

**Event 36 Female 50-54 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Lewis, Emma	52	Skер & Pink Bay	1:23.93
2 Packman, Helen	53	Pen y Bont	1:27.27
3 Hill, Julie	50	Rhoose	1:31.85
4 Appleby, Liz	53	Blyth	1:36.29
5 Ramsden-Hare, Louise	51	Mumbles	1:37.78

**Event 36 Female 55-59 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Phinnemore, Andrea	56	Pen y Bont	1:24.51
2 Nyom, Sarah	56	Pen y Bont	2:07.10

**Event 37 Male/Open 30-34 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Briggs, Calum	30	Heanor	1:05.08
2 Arkley, Daniel	34	Blyth	2:31.06

**Event 37 Male/Open 35-39 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Rudall, Huw	39	Pen y Bont	1:02.73
2 Abbott-Haigh, Gareth	39	Mumbles	1:03.65
3 Lugg, Elliot	37	Pen y Bont	1:04.50
4 Parry, Christopher	35	Aberavon	1:07.81

**Event 37 Male/Open 40-44 100 LC Meter Manikin Carry (Fins) Individual**

Name	Age	Team	Finals Time
1 Rosewell, Lloyd	41	Pen y Bont	1:05.18
2 Bayliss, Alan	43	Rest Bay	1:06.26
3 Glyn-Jones, Hywel	43	Vale	1:14.98

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**(Event 37 Male/Open 40-44 100 LC Meter Manikin Carry (Fins) Individ**

Name	Age	Team	Finals Time
4 Bell, Stephen	43	Rest Bay	1:15.27
5 James, Daniel	43	Rest Bay	1:19.37
6 Hale, James	42	Rhoose	1:24.96
7 Rines, Andrew	44	Aberavon	1:25.10

**Event 37 Male/Open 45-49 100 LC Meter Manikin Carry (Fins) Individ**

Name	Age	Team	Finals Time
1 Gill, Ned	46	Langland Bay	1:07.25
2 De-Schoolmeester, Ian	45	Pen y Bont	1:08.97
3 Lock, James	49	Gyllyngvase	1:13.79
4 Evans, Edward	48	Poppit Sands	1:14.47
5 Woodhall, Tom	48	Llantwit Major	1:15.34
6 Watkins, Dave	46	Pen y Bont	1:16.10
7 Taylor, Stephen	48	Rest Bay	1:16.38
8 Grant, Phillip	49	Rest Bay	1:21.57
9 Payne, George	46	Llantwit Major	1:23.69
10 Atkin, Rob	46	Rest Bay	1:27.28
11 Harrison, Alex	45	Poppit Sands	1:30.96

**Event 37 Male/Open 50-54 100 LC Meter Manikin Carry (Fins) Individ**

Name	Age	Team	Finals Time
1 Robinson, Craig	53	Pen y Bont	1:02.72
2 Fox, Terry	51	Rascals	1:02.90
3 Nicholas, Grant	52	Mumbles	1:04.97
4 Foster, Jon	52	Llantwit Major	1:13.09
5 Davies, Matthew	53	Rest Bay	1:13.50
6 Davies, Paul	53	Poppit Sands	1:14.51
7 Davies, Lee	50	Pen y Bont	1:15.78
8 Forster, Geraint	52	Poppit Sands	1:16.51
9 Parkinson, Andy	53	Langland Bay	1:16.97
10 Morgan, Richard	53	Pen y Bont	1:17.02
11 White, Chris	54	Mumbles	1:25.27
12 Massignani, Lucio	54	Langland Bay	1:25.43
13 McGrane, Paul	50	Gyllyngvase	1:27.50
14 Edwards, Mark	54	Sker & Pink Bay	1:36.40
15 Chitty, Darren	53	Sker & Pink Bay	1:39.35
16 Connolly, Hugh	50	Vale	1:48.68

**Event 37 Male/Open 55-59 100 LC Meter Manikin Carry (Fins) Individ**

Name	Age	Team	Finals Time
1 Parker, Simon	59	Vale	1:16.75
2 Jones, Peter	55	Rest Bay	1:19.99
3 Llewellyn, Huw	55	Sker & Pink Bay	1:40.68

**Event 37 Male/Open 60-64 100 LC Meter Manikin Carry (Fins) Individ**

Name	Age	Team	Finals Time
1 Dalrymple, Andy	60	Langland Bay	1:16.90
2 Baguley, Jeremy	61	Retford	1:20.16
3 Yates, Ian	64	Pen y Bont	1:22.92

**Event 37 Male/Open 65 & Over 100 LC Meter Manikin Carry (Fins) Indi**

Name	Age	Team	Finals Time
1 Williams, Paul	66	Langland Bay	1:30.70
2 Griffiths, Alun	67	Sker & Pink Bay	1:44.41
3 John, Chris	66	Langland Bay	1:55.58
4 Gwynn, Jon	67	Mumbles	2:03.55

**Event 43 Female 14 & Under LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Llantwit Major	A	22.03
1) Jennings, Tula Starr 14	2) Lyne, Anwen 14	

2 Pen y Bont	A	24.65
1) Moore, Summer 14	2) Thomas, Matilda 13	
3 Rest Bay	A	26.28
1) Jack, Layla 14	2) Kletta, Meredith 14	
4 Pen y Bont	B	33.72
1) Newman, Bethan 14	2) James, Mali 13	
--- Pen y Bont	D	DQ
1) Vaughan, Felicity 14	2) Schutte, Alice 14	
--- Rest Bay	D	DNF
1) Brown, Thea 13	2) Lyons-Jones, Ava 13	
--- Poppit Sands	A	DNF
1) Parry, Abigail 13	2) Forster, Menna 13	
--- Rest Bay	B	DNF
1) Ellis, Olivia 14	2) Launder, Beatrix 13	
--- Rest Bay	C	DNF
1) Hunter, Maibel 13	2) Williams, Evelyn 13	
--- Rhoose	D	DNF
1) Hamonet, Evie 14	2) Sheppard, Evie 13	
--- Rhoose	C	DNF
1) Hale, Mali-Rae 14	2) Nolan, Joanie 14	
--- Southerndown	A	DNF
1) Greig, Nevaeh 14	2) Payne, Vivienne 14	
--- Rhoose	A	DNF
1) O'Herlihy, Ffion 14	2) Braddon, Abby 14	
--- Poppit Sands	B	DNF
1) Jenkins-Shaw, Megan 14	2) Muirhead, Lily 14	
--- Rhoose	B	DNF
1) Mason, Lilly 14	2) Sargent, Teegan 14	
--- Rascals	B	DNF
--- Rascals	A	DNF
--- Crawley Town	A	DNF
1) Oades, Tegan 14	2) Packham, Emma 13	
--- Langland Bay	A	DNF
1) Antrobus, Annabel 14	2) Pelders, Sofia 14	
--- Pen y Bont	C	DNF
1) Watkins, Mya 13	2) Morgan, Brooke 13	
--- Langland Bay	B	DNF
1) Parkinson, Elodie 14	2) Clement, Cialla 13	
--- Llantwit Major	C	DNF
1) Neilson, Brooke 14	2) Hatherell, Alice 14	
--- Llantwit Major	B	DNF
1) Payne, Jessica 14	2) Barber, Erin 14	
--- Llantwit Major	D	DNF
--- Aberavon	A	DNF
1) Bond, Mia 14	2) Bond, Ruby 14	
--- Aberavon	B	DNF
1) Lewis, Emilia 13	2) Owen-rees, Scarlett 13	

**Event 44 Male 14 & Under LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Langland Bay	A	22.08
1) Shingler, Griff 14	2) Jones, Tomi 14	
2 Pen y Bont	A	22.52
1) Bailey, Reuben 14	2) Jones, Indi 14	
3 Rest Bay	A	23.75
1) Mohamed, Adam 14	2) Yardley, Josh 14	
4 Rhoose	A	24.96
1) Phillips, Steffan 14	2) Marshall, Evan 14	
5 Rhoose	B	27.53
1) Powell, Jacob 14	2) Marshall, Sebastian 14	
--- Poppit Sands	A	DQ
1) Caygill, George 13	2) Moore, Hari 14	

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**(Event 44 Male 14 & Under LC Meter Relay Rope Rescue Pair)**

Team	Relay	Finals Time
--- Southerndown	A	DNF
1) Johnson, Sam 14	2) Davies, Griff 14	
--- Llantwit Major	A	DNF
1) Lewis, Evan 14	2) Hatherell, Benjamin 14	
--- Rascals	A	DNF
--- Rest Bay	B	DNF
1) Evans, Charlie 14	2) Battle, Tom 13	
--- Vale	A	DNF
1) Crespo, Danny 14	2) Earls, Shane 14	

**Event 45 Female 17-18 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Crawley Town	A	15.16
2 Rascals	B	16.66
1) Quinn, Elena 17		
3 Rhoose	B	23.32
1) Wong, Ava 18	2) Chick, Rosie 18	
4 Blyth	A	28.20
5 Rascals	C	33.71
1) Clark, Grace 17	2) Postlethwaite, Ruby 18	
6 Pen y Bont	A	33.84
1) Davies, Chloe 17	2) Watkins, Amy 17	
7 Rascals	A	35.66
1) Cope, Aydrian 17	2) Smith, Emme 18	
8 Llantwit Major	A	37.42
1) Pegrum, Martha 18	2) Durrant, Florence 18	
9 Blyth	B	38.53
10 Rest Bay	B	38.83
1) Carey, Lucy 18	2) Carey, Amy 17	
--- Crawley Town	B	DQ
--- Poppit Sands	A	DNF
1) Davies, Alice 18	2) Green, Bethan 17	
--- Southerndown	A	DNF
1) Davies, Lily 17	2) Jones, Isla 17	
--- Poppit Sands	B	DNF
--- Crawley Town	C	DNF
--- Beacon	B	DNF
--- Rest Bay	A	DNF
1) James, Grace 17	2) Hickman, Isla 17	
--- Rhoose	A	DNF
1) Hopkin, Rebekah 17	2) Bazley, Caitlin 17	

**Event 46 Male 17-18 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Blyth	A	13.46
2 Beacon	A	14.68
3 Beacon	C	16.07
4 Gyllyngvase	A	19.33
1) Lock-Lommerse, Sam 17	2) Roche, Harry 17	
5 Mumbles	A	19.43
1) Martin, Haydn 18	2) White, Samuel 18	
6 Gyllyngvase	B	21.25
1) Padbury, Ekekiel 18	2) Pettigrew, Anders 18	
7 Beacon	B	23.79
8 Rhoose	A	27.19
1) Davies, Osian 17	2) Nolan, Oliver 17	
9 Pen y Bont	B	27.68
1) Adams, Ronan 18	2) Ballantyne, Alex 17	
10 Pen y Bont	A	38.84
1) Roberts, Evyn 18	2) Watkins, William 18	

--- Llantwit Major	A	DQ
1) Riddick, Max 17	2) Eustace, Jack 17	
--- Rhoose	B	DQ
1) Abbott, Theo 18	2) Hole, Ethan 17	
--- Southerndown	A	DNF
1) Bail-Braunton, Dylan 18	2) Greig, Taylor 17	
--- Sker & Pink Bay	A	DNF
1) Lewis, Gethin 18	2) Powell, Callum 17	

**Event 47 Female 15-16 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Blyth	B	15.65
2 Llantwit Major	A	21.30
1) Godsell, Matilda 16	2) Woodhall, Ellen 15	
3 Vale	A	21.35
1) Haigh, Bella 16	2) Takata, Kaiya 16	
4 Rest Bay	A	22.10
1) Thomas, Lily 15	2) Whitcombe, Lili 15	
5 Llantwit Major	B	22.61
1) Jarrett, Phoebe 16	2) Powell, Lauren 15	
6 Rhoose	B	25.31
1) Lloyd, Ruby 15	2) Gordon, Mabli 15	
7 Llantwit Major	C	27.05
1) Thomas, Lottie 15	2) Auterson, Daisy 15	
8 Mumbles	A	28.36
1) McKenzie, Bu 16	2) Thomas, Addison 15	
9 Gyllyngvase	B	31.57
1) Mitchell, Amy 15	2) Mitchell, Evie 15	
10 Rhoose	A	31.92
1) Dabrowska, Maisie 16	2) Hill, Poppy 16	
11 Sker & Pink Bay	A	33.18
1) Daly, Isabella 16	2) Long, Sadie 15	
12 Rest Bay	C	33.82
1) Fitzgerald, Mali 16	2) Jones, Isabella 16	
13 Rhoose	C	37.51
1) Hill, Soren 15	2) Thompson, Isla 15	
14 Poppit Sands	B	38.52
1) Rees, Manon 16	2) Harries, Megan 16	
15 Rascals	A	43.78
1) Moores, Harriet 15	2) Hodgkinson, Emily 15	
16 Sker & Pink Bay	B	1:26.34
1) Barham, Ruby 15	2) Sanders, Heaven-Leigh 15	
--- Langland Bay	A	DNF
1) Gill, Bella 16	2) Jones, Hannah 16	
--- Blyth	A	DNF
--- Crawley Town	A	DNF
1) Critoph, Edie 15	2) Binns, Isabella 16	
--- Rascals	B	DNF
1) Froggatt, Sophia 16	2) Murphy, Hannah 16	
--- Gyllyngvase	A	DNF
1) McGrane, Cara 16	2) Ashwin, Maisie 16	
--- Pen y Bont	A	DNF
1) Coles, Sophie 16	2) Powell, Josie 16	
--- Pen y Bont	B	DNF
1) Morgan, Freya 15	2) Benbow, Maya 15	
--- Rest Bay	B	DNF
1) Burlingham, India 16	2) Potts, Daisy 16	
--- Leeds	A	DNF
--- Aberavon	A	DNF
1) David, Sienna 16	2) Monaghan, Sophia 15	
--- Aberavon	C	DNF
1) Rogers, Elyse 16	2) Evans, Moli 16	

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 47 Female 15-16 LC Meter Relay Rope Rescue Pair)**

Team	Relay	Finals Time
--- Aberavon	B	DNF
1) Lewis, Megan 15	2) Watkins, Mylee 16	
--- Poppit Sands	A	DNF
1) Harries, Elin 16	2) Rees Langley, Lili 16	

**Event 48 Male 15-16 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Rascals	A	15.89
2 Beacon	A	16.55
3 Pen y Bont	A	16.89
1) Burton, Finnley 16	2) Coles, Tom 15	
4 Rhoose	A	22.14
1) Nicholas, Harry 15	2) Pound, Leon 15	
5 Sker & Pink Bay	A	23.01
1) Chitty, Oliver 15	2) Whittaker, Luke 16	
6 Southerndown	A	24.82
1) Hedges, Joshua 15	2) Hooper, Joshua 15	
7 Pen y Bont	B	26.69
1) Williams, Rafferty 16	2) Roberts, Iestyn 15	
8 Aberavon	A	37.74
1) Rines, Harri 15	2) Rees, Harvey 15	
9 Rascals	C	38.93
1) Watson, Tobias 16	2) Renshaw, Oliver 15	
10 Aberavon	B	43.41
1) Byrne, Tristan 15	2) Muller, Max 16	
11 Rhoose	B	44.43
1) Brewer, Evan 16	2) Bartram, Solomon 16	
--- Rest Bay	A	DQ
1) James, Edward 16	2) Howell, Rhydian 15	
--- Rascals	B	DNF
1) Baxter, Riley 16	2) Brough, Jack 15	
--- Rest Bay	B	DNF
1) Atkin, Patrick 15	2) Chislett, Thomas 15	
--- Sker & Pink Bay	B	DNF
1) Williams, Osian 15	2) Chitty, Joshua 14	
--- Llantwit Major	A	DNF
1) Bartlett-Jenkins, Beau 16	2) Honychurch, Dylan 16	

**Event 49 Female LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 LSLC	A	13.88
1) Watson, Heather 20	2) Marchant, Rhiannon 22	
2 Blyth	D	14.91
3 Rest Bay	A	16.32
1) Hickman, Eve 21	2) Davies, Abigail 21	
4 Rascals	A	17.03
5 Crawley Town	B	17.44
1) Wright, Lynsey 27	2) Laing, Indigo 18	
6 Rest Bay	C	18.34
1) Burlingham, India 16	2) Davies, Seren 18	
7 Blyth	A	20.77
8 Sker & Pink Bay	D	21.81
1) Daly, Kirsten 20	2) Cranch, Molly 23	
9 Llantwit Major	D	22.22
1) Pegrum, Martha 18	2) Whittaker, Gillian 45	
10 Pen y Bont	C	23.21
11 Rest Bay	B	23.49
1) Carey, Lucy 18	2) Carey, Amy 17	
12 LSLC	B	25.32
1) Mavin, Keira 19	2) Jordan, Lucy 23	
13 Pen y Bont	A	32.23

14 Sker & Pink Bay	B	32.92
1) Daly, Isabella 16	2) Coombes, Cerys 18	
15 Vale	B	33.57
1) Bellamy, Angelina 47	2) Clarke, Hayley 45	
16 Blyth	B	38.36
17 Vale	A	41.29
1) Parker, Emily 23	2) Bellamy, Penelope 17	
18 Poppit Sands	D	43.53
1) Harries, Elin 16	2) Rees Langley, Lili 16	
--- Crawley Town	A	DNF
1) Newnham, Amy 19	2) Lopez, Amaia 20	
--- Poppit Sands	A	DNF
1) Davies, Alice 18	2) Green, Bethan 17	
--- Poppit Sands	B	DNF
1) Harries, Megan 16	2) Jenkins-Shaw, Cerys 16	
--- Blyth	C	DNF
--- Rest Bay	D	DNF
1) James, Grace 17	2) Hickman, Isla 17	
--- Crawley Town	C	DNF
1) Eagland, Vanessa 57	2) Goodall, Evie 17	
--- Pen y Bont	D	DNF
--- Pen y Bont	B	DNF
--- Mumbles	B	DNF
1) Ramsden-Hare, Louise 51	2) Thomas, Gemma 48	
--- Mumbles	C	DNF
1) Maddock, Ruby 34	2) Haines-Hanham, Sally 48	
--- Mumbles	A	DNF
1) Green, Jennifer 23	2) McKenzie, Bu 16	

**Event 50 Male/Open LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Crawley Town	A	9.35
1) Schofield, Martin 27	2) Sadberry, Jack 22	
2 Mumbles	B	10.85
1) Abbott-Haigh, Gareth 39	2) Nicholas, Grant 52	
3 Rascals	A	11.86
1) Waterfall, Luke 21	2) Lester, Jack 25	
4 Retford	B	12.55
5 LSLC	A	12.66
1) Gray, Edward 23	2) Robert, Addis 22	
6 Crawley Town	B	13.04
1) Lopez, Asier 18	2) Goodall, Jacob 23	
7 Warwick Uni	A	13.78
1) Oleinik, Anton 23	2) Kung, Ling Kong 20	
*8 Vale	A	14.37
1) Bellamy, James 18	2) Parker, Simon 59	
*8 Blyth	A	14.37
10 Blyth	D	14.43
11 Llantwit Major	D	15.12
1) Bartlett-Jenkins, Beau 16	2) Honychurch, Dylan 16	
12 Pen y Bont	D	15.23
13 Blyth	B	15.62
14 Warwick Uni	B	16.49
1) Hibbert-May, Dominic 21	2) Chick, Ollie 21	
15 Mumbles	C	18.42
1) White, Samuel 18	2) White, Chris 54	
16 Heanor	B	18.53
17 Mumbles	A	19.94
1) Clegg, Luke 21	2) Martin, Haydn 18	
18 Blyth	C	19.95
19 Sker & Pink Bay	B	20.43
1) Powell, Callum 17	2) Whittaker, Luke 16	
20 Poppit Sands	B	20.71

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 50 Male/Open LC Meter Relay Rope Rescue Pair)**

Team	Relay	Finals Time
21 Rest Bay	A	21.43
1) Davies, Matthew 53	2) Cregan, Kit 27	
22 Sker & Pink Bay	D	22.04
1) Lewis, Gethin 18	2) Whittaker, Daniel 20	
23 Heanor	A	22.38
1) Bridgewood, Andrew 21	2) Middleton, Jacob 20	
24 Rest Bay	C	22.60
1) Taylor, Stephen 48	2) Geysen-Holley, Max 21	
25 Retford	A	22.89
26 Mumbles	D	23.60
1) Gwynn, Jon 67	2) Faulkner, Tony 59	
27 Poppit Sands	A	23.97
1) Harrison, Tomos 19	2) Harrison, Alex 45	
28 LSLC	B	25.46
1) Chappell, Jacob 19	2) Ostropts'ky, Alexander 20	
29 Pen y Bont	C	31.09
30 Aberavon	D	31.78
31 Pen y Bont	A	36.80
32 Rest Bay	D	39.28
1) James, Edward 16	2) James, Daniel 43	
33 Rest Bay	B	40.76
1) Bayliss, Alan 43	2) Bell, Stephen 43	
--- Llantwit Major	A	DQ
1) Riddick, Max 17		
--- Pen y Bont	B	DNF
--- Warwick Uni	D	DNF
1) Herbert, Alfie 20		

**Event 51 Female 30-34 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Blyth	A	15.41
2 Mumbles	D	27.56
1) Maddock, Ruby 34	2) Haines-Hanham, Sally 48	

**Event 51 Female 40-44 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Vale	A	17.42
1) Bellamy, Angelina 47	2) Clarke, Hayley 45	
2 Sker & Pink Bay	D	24.13
1) Hill, Sian 44	2) Lewis, Emma 52	
3 Langland Bay	D	24.19
1) Costello, Rhian 41	2) Crook, Polly 42	
--- Rest Bay	A	DNF
1) Gharahlar, Emma 43	2) Whitcombe, Sarah 44	
--- Rest Bay	B	DNF
1) Smart, Claire 44	2) Daniel, Kirsty 45	
--- Blyth	A	DNF

**Event 51 Female 45-49 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Rascals	A	16.74
2 Rest Bay	A	20.95
1) Rowe, Rebecca 45	2) Evans, Natasha 48	
--- Llantwit Major	D	DNF
1) Whittaker, Gillian 45	2) Thomas, Cath 48	

**Event 51 Female 50-54 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Blyth	A	21.41
2 Pen y Bont	B	28.05
--- Poppit Sands	D	DNF
1) Green, Rhian 53	2) Harries, Liwsi 50	

**Event 51 Female 55-59 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
--- Pen y Bont	A	DNF
--- Blyth	A	DNF

**Event 52 Male 30-34 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Beacon	A	15.67
--- Heanor	A	DQ
1) Briggs, Calum 30	2) Bridgewood, Jon 60	
--- Pen y Bont	A	DNF

**Event 52 Male 35-39 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Mumbles	A	10.79
1) Abbott-Haigh, Gareth 39	2) Nicholas, Grant 52	
2 Aberavon	D	14.99
1) Parry, Christopher 35		
3 Pen y Bont	B	17.84
--- Pen y Bont	A	DNF

**Event 52 Male 40-44 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Rascals	A	12.42
2 Rest Bay	B	18.94
3 Aberavon	D	21.26
1) Rees, Matthew 43	2) Rines, Andrew 44	
4 Rest Bay	A	24.29
1) Bayliss, Alan 43	2) Bell, Stephen 43	
5 Rhoose	D	34.67
1) Hale, James 42		
--- Pen y Bont	A	DQ
--- Pen y Bont	B	DNF

**Event 52 Male 45-49 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Llantwit Major	D	19.22
1) Woodhall, Tom 48	2) Payne, George 46	
2 Rest Bay	A	21.45
3 Poppit Sands	D	24.16
1) Harrison, Alex 45	2) Muirhead, Ed 45	
4 Langland Bay	D	39.43
1) Grounds, Darren 48	2) Gill, Ned 46	
--- Mumbles	A	DNF
--- Gyllyngvase	A	DNF
1) Pettigrew, Lee 46	2) Padbury, Joseph 46	
--- Pen y Bont	B	DNF
--- Pen y Bont	A	DNF

**Event 52 Male 50-54 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Rest Bay	A	22.51
1) Jones, Peter 55	2) Davies, Matthew 53	
2 Poppit Sands	D	23.16
1) Davies, Paul 53	2) Thomas, Andrew 54	
3 Pen y Bont	A	30.02
4 Gyllyngvase	A	32.12
1) Lock, James 49	2) McGrane, Paul 50	
5 Sker & Pink Bay	D	39.63
--- Langland Bay	A	DQ
1) Parkinson, Andy 53	2) Dalrymple, Andy 60	
--- Langland Bay	D	DQ
1) Massignani, Lucio 54	2) Poiner, Leigh 53	
--- Pen y Bont	B	DNF

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**Event 52 Male 55-59 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Blyth	A	17.17
2 Sker & Pink Bay	D	19.55
1) Griffiths, Alun 67	2) Llewellyn, Huw 55	
3 Mumbles	A	24.30
4 Pen y Bont	A	25.29

**Event 52 Male 60-64 LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
--- Pen y Bont	A	DQ

**Event 52 Male 65 & Over LC Meter Relay Rope Rescue Pair**

Team	Relay	Finals Time
1 Langland Bay	D	19.26
1) John, Chris 66	2) Williams, Paul 66	
--- Pen y Bont	A	DQ

**Event 58 Female 17-18 LC Meter Super Life Saver Individual**

Name	Age	Team	Finals Time
1 Quinn, Elena	17	Rascals	2:49.44
33.00	49.33	38.80	48.31
2 Cope, Aydrion	17	Rascals	2:55.03
33.09	51.76	41.02	49.16
3 Lawson, Isla	17	Beacon	2:57.36
31.60	47.79	38.91	59.06
4 Frydenbo-Bruvoll, Marie	18	Beacon	3:00.15
36.58	54.67	39.89	49.01
5 Collis, Elizabeth	17	Beacon	3:00.55
29.21	57.50		2:22.63
6 Carey, Lucy	18	Rest Bay	3:03.10
32.60	52.07	45.78	52.65
7 James, Grace	17	Rest Bay	3:04.85
30.89	50.13		2:12.21
8 Coombes, Cerys	18	Sker & Pink Bay	3:12.72
36.72	59.08	45.50	51.42
9 Postlethwaite, Ruby	18	Rascals	3:18.33
36.13	58.56	47.70	55.94
10 Laing, Indigo	18	Crawley Town	3:23.86
36.82	1:00.94	50.43	55.67
11 Bellamy, Penelope	17	Vale	3:36.31
38.90	56.78	46.23	1:14.40
12 Hodgkinson, Sophie	17	Rascals	3:37.17
41.45	1:01.18		2:50.23
13 Robinson, Bethan	18	Blyth	3:37.40
40.79	1:05.77	48.35	1:02.49
14 Green, Bethan	17	Poppit Sands	3:56.54
40.99	1:07.91	2:07.64	
15 Davies, Alice	18	Poppit Sands	3:58.28
40.44			3:10.52
16 Smith, Emme	18	Rascals	4:49.69
39.36	1:01.69	57.06	2:11.58
--- Davies, Lily	17	Southerndown	DQ
41.70	1:09.45	1:03.23	1:26.30
--- Jones, Isla	17	Southerndown	DQ
5.65	1:49.99	1:55.29	
--- Clark, Grace	17	Rascals	DQ
33.82	56.62	46.14	

**Event 59 Male 17-18 LC Meter Super Life Saver Individual**

Name	Age	Team	Finals Time
1 Lopez, Asier	18	Crawley Town	2:23.40
27.74	40.03	34.70	40.93

2 Johnson, Alfie	18	Beacon	2:28.96
27.74	41.00	37.41	42.81
3 Macklen, Harry	17	Beacon	2:35.81
29.20	44.58	38.68	43.35
4 Robertosn, Lachlan	18	Beacon	2:36.05
30.45	44.91	37.43	43.26
5 Mowbray, James	18	Blyth	2:39.43
20.88	58.03	38.43	42.09
6 Pettigrew, Anders	18	Gyllyngvase	2:39.66
30.59	48.35		1:50.63
7 Adams, Ronan	18	Pen y Bont	2:39.87
30.40	43.54	38.89	47.04
8 Lamont, Cillian	18	Rascals	2:43.78
30.99	45.98	40.55	46.26
9 Bonev, Noah	17	Blyth	2:44.08
30.26	47.01	40.49	46.32
10 Padbury, Ekekiel	18	Gyllyngvase	2:45.88
31.71	48.52		2:03.24
11 Roberts, Ewyn	18	Pen y Bont	2:48.50
30.73	48.70	42.06	47.01
12 Ballantyne, Alex	17	Pen y Bont	3:12.35
33.82	2:38.53		2:26.00
13 Stevenson, Callum	18	Heanor	3:16.68
14.64	1:13.23		2:48.88
14 Davies, Osian	17	Rhosee	3:19.97
33.47	57.66	51.21	57.63
15 Bail-Braunton, Dylan	18	Southerndown	4:10.74
37.55	1:11.52	2:21.67	

**Event 60 Female LC Meter Super Life Saver Individual**

Name	Age	Team	Finals Time
1 Robson, Emily	23	RPY	2:33.00
30.65	42.91	36.02	43.42
2 Lopez, Amaia	20	Crawley Town	2:40.42
31.64	47.74	33.66	47.38
3 Watson, Heather	20	LSLC	2:42.09
31.63	49.27	37.06	44.13
4 Fisher, Mimi	19	Rascals	2:45.06
31.88	47.95	37.16	48.07
5 Marshall, Sally	30	Rascals	2:49.53
32.72	49.72	36.31	50.78
6 Hickman, Eve	21	Rest Bay	2:56.50
31.14	48.45	46.10	50.81
7 Daly, Isabella	16	Sker & Pink Bay	2:56.53
34.66	53.22		2:13.53
8 Parker, Emily	23	Vale	2:59.57
33.28			48.76
9 Jones, Isabella	16	Rest Bay	3:06.82
34.92	54.01	51.57	46.32
10 Fitzgerald, Mali	16	Rest Bay	3:06.88
32.26	51.19	51.09	52.34
11 Jordan, Lucy	23	LSLC	3:08.31
36.38	55.43	47.64	48.86
12 Woods, Jess	16	Leeds	3:11.76
32.00	55.18	40.83	1:03.75
13 Daly, Kirsten	20	Sker & Pink Bay	3:12.67
33.04	50.96	1:48.67	
14 Godsell, Matilda	16	Llantwit Major	3:14.78
34.36	52.87	49.17	58.38
15 Dickerson Weedy, Ellie	24	Blyth	3:24.71
37.02	58.14	45.21	1:04.34



## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 62 Female 14 & Under 100 LC Meter Manikin Tow (Fins) Individ**

Name	Age	Team	Finals Time
29 Launder, Beatrix	13	Rest Bay	2:00.92
5.81	1:55.11		
30 Vaughan, Felicity	14	Pen y Bont	2:01.93
30.53	1:31.40		
31 Lewis, Emilia	13	Aberavon	2:04.22
34.22	1:30.00		
32 Muirhead, Lily	14	Poppit Sands	2:05.40
32.95	1:32.45		
33 Forster, Menna	13	Poppit Sands	2:11.55
34.47	1:37.08		
34 Sheppard, Evie	13	Rhoose	2:19.13
31.76	1:47.37		
35 Hearne, Leila	13	Pen y Bont	2:36.27
35.35	2:00.92		
36 Kletta, Meredith	14	Rest Bay	2:41.68
34.71	2:06.97		
37 Harvey, Ruby	13	Langland Bay	3:01.07
31.75	2:29.32		
--- Keehan, Violet	13	Rascals	DQ
35.63	1:29.81		
--- Hamonet, Evie	14	Rhoose	DQ
35.10	1:34.91		
--- Roberts, Holly	13	Pen y Bont	DQ
33.94	1:28.71		
--- Morgan, Brooke	13	Pen y Bont	DQ
32.58	1:11.45		
--- Bond, Ruby	14	Aberavon	DQ
32.18	1:08.43		
--- Antrobus, Annabel	14	Langland Bay	DQ
--- James, Mali	13	Pen y Bont	DQ
11.95	3:30.53		
--- Williams, Evelyn	13	Rest Bay	DQ
33.24	1:04.91		
--- Hatherell, Alice	14	Llantwit Major	DQ
36.00	1:04.03		
--- Lyne, Anwen	14	Llantwit Major	DQ
39.11	1:37.29		
--- Packham, Emma	13	Crawley Town	DQ
32.96	1:05.16		

**Event 63 Male 14 & Under 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Bailey, Reuben	14	Pen y Bont	1:16.08
29.48	46.60		
2 Knowlton, Josh	14	Rascals	1:23.18
33.09	50.09		
3 Chitty, Joshua	14	Skerr & Pink Bay	1:26.20
33.26	52.94		
4 Yardley, Josh	14	Rest Bay	1:30.49
33.08	57.41		
5 Phillips, Steffan	14	Rhoose	1:31.19
33.99	57.20		
6 Mohamed, Adam	14	Rest Bay	1:35.01
37.65	57.36		
7 Caygill, George	13	Poppit Sands	1:36.36
35.86	1:00.50		
8 Nicholas, Jack	14	Aberavon	1:39.02
40.84	58.18		
9 Crespo, Danny	14	Vale	1:39.05
34.37	1:04.68		

10 Clark, Stanley	13	Rascals	1:41.50
37.16	1:04.34		
11 Powell, Jacob	14	Rhoose	1:44.42
35.01	1:09.41		
12 Lewis, Henry	14	Aberavon	1:47.44
32.75	1:14.69		
13 Marshall, Evan	14	Rhoose	1:48.01
38.47	1:09.54		
14 McAdie, Isaac	14	Mumbles	1:51.12
34.36	1:16.76		
15 Evans, Charlie	14	Rest Bay	1:54.97
39.57	1:15.40		
16 Marshall, Sebastian	14	Rhoose	1:55.37
39.01	1:16.36		
17 Davies, Griff	14	Southerndown	2:01.49
5.36	1:56.13		
18 Earls, Shane	14	Vale	2:01.66
35.76	1:25.90		
19 Jones, Indi	14	Pen y Bont	2:09.00
27.92	1:41.08		
20 Honychurch, Tristan	13	Llantwit Major	2:18.09
42.46	1:35.63		
--- Shingler, Griff	14	Langland Bay	DQ
31.90	46.50		
--- Gopinath, Mahath	14	Vale	DQ
37.25	1:12.17		
--- Lewis, Evan	14	Llantwit Major	DQ
34.99	1:06.81		
--- Scrafton, Alex	14	Rascals	DQ
32.34	1:09.67		
--- Hatherell, Benjamin	14	Llantwit Major	DQ
34.26	1:08.30		

**Event 64 Female 17-18 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Quinn, Elena	17	Rascals	1:08.58
28.37	40.21		
2 Pegrum, Martha	18	Llantwit Major	1:11.44
29.64	41.80		
3 Bellamy, Penelope	17	Vale	1:11.71
27.54	44.17		
4 Collis, Elizabeth	17	Beacon	1:13.09
28.87	44.22		
5 Cope, Aydrion	17	Rascals	1:13.91
28.25	45.66		
6 Frydenbo-Bruvoll, Marie	18	Beacon	1:15.35
29.14	46.21		
7 Wong, Ava	18	Rhoose	1:16.97
29.58	47.39		
8 James, Grace	17	Rest Bay	1:17.37
28.50	48.87		
9 Postlethwaite, Ruby	18	Rascals	1:17.72
29.77	47.95		
10 Laing, Indigo	18	Crawley Town	1:18.80
31.43	47.37		
11 Clark, Grace	17	Rascals	1:20.13
31.83	48.30		
12 Lawson, Isla	17	Beacon	1:21.52
27.75	53.77		
13 Goodall, Evie	17	Crawley Town	1:21.57
30.14	51.43		

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 64 Female 17-18 100 LC Meter Manikin Tow (Fins) Individual)**

Name	Age	Team	Finals Time
14 Green, Bethan	17	Poppit Sands	1:21.92
	30.77	51.15	
15 Appleby, Skye	17	Blyth	1:22.73
	5.73	1:17.00	
16 Hardwicke, Martha	17	Rest Bay	1:24.31
	31.18	53.13	
17 McAdie, Imogen	17	Mumbles	1:24.67
	32.39	52.28	
18 Goldsmith, Teia	18	Beacon	1:24.78
	33.77	51.01	
19 Smith, Emme	18	Rascals	1:26.76
	33.20	53.56	
20 Robinson, Bethan	18	Blyth	1:26.99
	33.03	53.96	
21 Poole, Olivia	17	Pen y Bont	1:27.36
	32.96	54.40	
22 Davies, Alice	18	Poppit Sands	1:27.79
	33.45	54.34	
23 Durrant, Florence	18	Llantwit Major	1:28.05
	33.17	54.88	
24 Hodgkinson, Sophie	17	Rascals	1:28.30
	32.49	55.81	
25 Bazley, Caitlin	17	Rhoose	1:28.52
	5.43	1:23.09	
26 Durrant, Annabel	18	Llantwit Major	1:28.74
	32.35	56.39	
27 Davies, Seren	18	Rest Bay	1:29.76
	31.26	58.50	
28 Lewis, Daisy	17	Pen y Bont	1:32.72
	31.04	1:01.68	
29 Carey, Amy	17	Rest Bay	1:33.45
	33.33	1:00.12	
30 Hickman, Isla	17	Rest Bay	1:35.69
	34.44	1:01.25	
31 Jones, Isla	17	Southerndown	1:38.58
	5.84	1:32.74	
32 Davies, Lily	17	Southerndown	1:41.08
	34.05	1:07.03	
--- Poole, Anna	17	Blyth	DQ
	34.75	1:14.45	

**(Event 65 Male 17-18 100 LC Meter Manikin Tow (Fins) Individual)**

Name	Age	Team	Finals Time
1 Johnson, Alfie	18	Beacon	58.42
	22.87	35.55	
2 Lopez, Asier	18	Crawley Town	58.73
	22.99	35.74	
3 Mowbray, James	18	Blyth	1:02.81
	24.98	37.83	
4 Pettigrew, Anders	18	Gyllyngvase	1:03.44
	25.90	37.54	
5 Macklen, Harry	17	Beacon	1:04.24
	25.48	38.76	
6 Adams, Ronan	18	Pen y Bont	1:06.09
	25.92	40.17	
7 Bellamy, James	18	Vale	1:06.57
	25.96	40.61	
8 Roberts, Evyn	18	Pen y Bont	1:07.00
	27.19	39.81	

9 Lamont, Cillian	18	Rascals	1:07.59
	28.28	39.31	
10 Watkins, William	18	Pen y Bont	1:07.90
	25.90	42.00	
11 Hole, Ethan	17	Rhoose	1:09.09
	26.37	42.72	
12 Lewis, Gethin	18	Sker & Pink Bay	1:09.17
	24.42	44.75	
13 Padbury, Ekekiel	18	Gyllyngvase	1:14.21
	28.12	46.09	
14 Powell, Callum	17	Sker & Pink Bay	1:14.72
	29.20	45.52	
15 Martin, Haydn	18	Mumbles	1:15.40
	28.03	47.37	
16 Greig, Taylor	17	Southerndown	1:16.40
	29.45	46.95	
17 Ballantyne, Alex	17	Pen y Bont	1:16.90
	27.46	49.44	
18 Stevenson, Callum	18	Heanor	1:17.44
	28.58	48.86	
19 Roche, Harry	17	Gyllyngvase	1:20.78
	29.66	51.12	
20 Bail-Braunton, Dylan	18	Southerndown	1:23.70
	32.78	50.92	
--- Robertosn, Lachlan	18	Beacon	DQ
	26.87		
--- Abbott, Theo	18	Rhoose	DQ
	28.48	41.19	

**(Event 66 Female 15-16 100 LC Meter Manikin Tow (Fins) Individual)**

Name	Age	Team	Finals Time
1 Daly, Isabella	16	Sker & Pink Bay	1:07.36
	27.98	39.38	
2 Long, Sadie	15	Sker & Pink Bay	1:13.77
	30.92	42.85	
3 Binns, Isabella	16	Crawley Town	1:14.16
	29.21	44.95	
4 Gordon, Mabli	15	Rhoose	1:14.81
	29.45	45.36	
5 Mowbray, Amy	16	Blyth	1:15.87
	29.59	46.28	
6 Burlingham, India	16	Rest Bay	1:16.27
	30.93	45.34	
7 Fitzgerald, Mali	16	Rest Bay	1:16.34
	28.36	47.98	
8 Godsell, Matilda	16	Llantwit Major	1:16.82
	31.25	45.57	
9 Murphy, Hannah	16	Rascals	1:17.24
	28.81	48.43	
10 Watkins, Mylee	16	Aberavon	1:17.52
	30.81	46.71	
11 Jones, Isabella	16	Rest Bay	1:17.91
	30.26	47.65	
12 Coles, Sophie	16	Pen y Bont	1:19.36
	30.46	48.90	
13 Takata, Kaiya	16	Vale	1:22.28
	30.12	52.16	
14 Rees Langley, Lili	16	Poppit Sands	1:22.54
	10.92	1:11.62	
15 Haigh, Bella	16	Vale	1:22.76
	31.39	51.37	

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

<b>(Event 66 Female 15-16 100 LC Meter Manikin Tow (Fins) Individual)</b>			
Name	Age	Team	Finals Time
16 Woods, Jess	16	Leeds	1:23.84
	30.64	53.20	
17 Critoph, Edie	15	Crawley Town	1:24.27
	32.35	51.92	
18 Storey, Kayla	16	Blyth	1:24.37
	32.95	51.42	
19 Whitcombe, Lili	15	Rest Bay	1:25.07
	31.52	53.55	
20 Hill, Soren	15	Rhoose	1:25.26
	31.90	53.36	
21 Froggatt, Sophia	16	Rascals	1:25.33
	31.57	53.76	
22 Mitchell, Evie	15	Gyllyngvase	1:25.91
	29.75	56.16	
23 Moores, Harriet	15	Rascals	1:26.83
	32.81	54.02	
24 Taylor, Shelby	16	Heanor	1:27.05
	32.04	55.01	
25 Lloyd, Ruby	15	Rhoose	1:27.13
	33.14	53.99	
26 Jones, Menna	15	Llantwit Major	1:27.23
	34.33	52.90	
27 Potts, Daisy	16	Rest Bay	1:27.42
	31.19	56.23	
28 McGrane, Cara	16	Gyllyngvase	1:27.66
	28.99	58.67	
29 Harries, Elin	16	Poppit Sands	1:28.38
	31.65	56.73	
30 Benbow, Maya	15	Pen y Bont	1:28.61
	30.97	57.64	
31 Hurley, Summer	15	Vale	1:28.76
	34.03	54.73	
32 Woodhall, Ellen	15	Llantwit Major	1:29.03
	32.74	56.29	
33 Ashwin, Maisie	16	Gyllyngvase	1:30.65
	30.11	1:00.54	
34 Dabrowska, Maisie	16	Rhoose	1:31.35
	33.89	57.46	
35 Rogers, Elyse	16	Aberavon	1:32.81
	35.47	57.34	
36 Hill, Poppy	16	Rhoose	1:35.54
	32.03	1:03.51	
37 Thompson, Isla	15	Rhoose	1:35.60
	33.13	1:02.47	
38 Hodgkinson, Emily	15	Rascals	1:35.98
	33.65	1:02.33	
39 Jarrett, Phoebe	16	Llantwit Major	1:39.71
	33.51	1:06.20	
40 Powell, Lauren	15	Llantwit Major	1:41.30
	34.91	1:06.39	
41 Poole, Natasha	15	Blyth	1:44.39
	33.91	1:10.48	
42 Morgan, Freya	15	Pen y Bont	1:47.22
	34.27	1:12.95	
43 Stephens-Hughes, Florence	15	Pen y Bont	1:53.56
	33.33	1:20.23	
44 Gill, Bella	16	Langland Bay	2:04.39
	19.61	1:44.78	
45 Sanders, Heaven-Leigh	15	Skер & Pink Bay	2:05.96
	31.53	1:34.43	

46 Mitchell, Amy	15	Gyllyngvase	2:16.00
	29.85	1:46.15	
--- Neenan, Eloise	15	Southerndown	DQ
--- Barham, Ruby	15	Skер & Pink Bay	DQ
	36.10	1:04.89	
--- Thomas, Lily	15	Rest Bay	DQ
	1:21.82		
--- Brissett, Gemma	15	Crawley Town	DQ
	31.91	1:01.93	
--- Rees, Manon	16	Poppit Sands	DQ
	32.63	49.33	
--- Harries, Megan	16	Poppit Sands	DQ
	32.68	1:00.14	

**Event 67 Male 15-16 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Watson, Tobias	16	Rascals	1:02.36
	25.02	37.34	
2 Bartram, Solomon	16	Rhoose	1:05.53
	27.70	37.83	
3 Baxter, Riley	16	Rascals	1:05.84
	26.66	39.18	
4 James, Edward	16	Rest Bay	1:10.71
	27.92	42.79	
5 Pollicott, Harry	16	Rascals	1:12.82
	27.09	45.73	
6 Goldsmith, Oscar	16	Beacon	1:15.36
	28.97	46.39	
7 Brough, Jack	15	Rascals	1:16.09
	29.31	46.78	
8 Nightingale, Dylan	16	Rascals	1:16.30
	26.56	49.74	
9 Renshaw, Oliver	15	Rascals	1:16.78
	28.35	48.43	
10 Pound, Leon	15	Rhoose	1:16.94
	28.09	48.85	
11 Chandler, Bailey	16	Blyth	1:17.10
	30.45	46.65	
12 Robertson, Jack	16	Beacon	1:18.40
	31.36	47.04	
13 Bartlett-Jenkins, Beau	16	Llantwit Major	1:18.87
	27.13	51.74	
14 Burton, Finnley	16	Pen y Bont	1:18.93
	27.27	51.66	
15 Greig, Nate	15	Southerndown	1:19.12
	29.41	49.71	
16 Wood, Sam	16	Beacon	1:20.44
	30.80	49.64	
17 Byrne, Tristan	15	Aberavon	1:20.67
	31.78	48.89	
18 Coles, Tom	15	Pen y Bont	1:21.33
	30.25	51.08	
19 Honychurch, Dylan	16	Llantwit Major	1:21.82
	4.22	1:17.60	
20 Rines, Harri	15	Aberavon	1:22.37
	29.61	52.76	
21 Flinders, Cameron	16	Rascals	1:26.21
	33.18	53.03	
22 Atkin, Patrick	15	Rest Bay	1:27.65
	33.45	54.20	
23 Muller, Max	16	Aberavon	1:28.73
	31.78	56.95	

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 67 Male 15-16 100 LC Meter Manikin Tow (Fins) Individual)**

Name	Age	Team	Finals Time
24 Rowan, Dylan	15	Vale	1:29.96
			32.02 57.94
25 Williams, Rafferty	16	Pen y Bont	1:30.69
			7.31 1:23.38
26 Chitty, Oliver	15	Skер & Pink Bay	1:35.91
			29.95 1:05.96
27 Williams, Osian	15	Skер & Pink Bay	1:47.22
			34.13 1:13.09
28 Chislett, Thomas	15	Rest Bay	1:50.68
			34.62 1:16.06
29 Roberts, Iestyn	15	Pen y Bont	1:59.40
			31.22 1:28.18
--- Hedges, Joshua	15	Southerndown	DQ
			31.78
--- Cusack, Ben	16	Beacon	DQ
			26.05 40.20
--- Hooper, Joshua	15	Southerndown	DQ
			18.63 1:13.57
--- Nicholas, Harry	15	Rhoose	DQ
			1:03.17
--- Brewer, Evan	16	Rhoose	DQ
			4.10 1:20.95

**Event 68 Female 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Marshall, Sally	30	Rascals	1:06.74
			27.17 39.57
2 Robson, Emily	23	RPY	1:07.40
			26.26 41.14
3 Parker, Emily	23	Vale	1:07.86
			27.89 39.97
4 Watson, Heather	20	LSLC	1:09.93
			4.88 1:05.05
5 Marchant, Rhiannon	22	LSLC	1:12.03
			27.25 44.78
6 Daly, Kirsten	20	Skер & Pink Bay	1:12.76
			28.97 43.79
7 Dickerson Weedy, Ellie	24	Blyth	1:14.85
			11.75 1:03.10
8 Hickman, Eve	21	Rest Bay	1:16.69
			29.55 47.14
9 Voce, Lauren	22	Heanor	1:18.36
			30.03 48.33
10 Fisher, Mimi	19	Rascals	1:20.65
			26.67 53.98
11 Wright, Lynsey	27	Crawley Town	1:21.66
			34.70 46.96
12 Newnham, Amy	19	Crawley Town	1:23.16
			32.19 50.97
13 Thomas, Zoe May	19	Poppit Sands	1:27.77
			33.12 54.65
14 Gardener, Louise	20	Pen y Bont	1:34.52
			36.71 57.81
15 Cooke, Jasmin	19	Blyth	1:35.55
			32.72 1:02.83
--- Jordan, Lucy	23	LSLC	DQ
			28.55

**Event 69 Male/Open 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Sadberry, Jack	22	Crawley Town	52.79
			20.27 32.52
2 Gray, Edward	23	LSLC	55.34
			21.35 33.99
3 Waterfall, Luke	21	Rascals	59.42
			22.92 36.50
4 Hayes, Ferdia	20	Wsi Clare	59.77
			24.00 35.77
5 Postlethwaite, Freddie	21	LSLC	59.86
			23.84 36.02
6 Screeton, Jacob	24	Blyth	1:01.66
			23.95 37.71
7 Whittaker, Daniel	20	Skер & Pink Bay	1:03.12
			24.94 38.18
8 Schofield, Martin	27	Crawley Town	1:04.48
			24.84 39.64
9 Padbury, Ekekiel	18	Gyllyngvase	1:05.20
			27.10 38.10
10 Robert, Addis	22	LSLC	1:05.36
			25.45 39.91
11 Goodall, Jacob	23	Crawley Town	1:05.45
			26.58 38.87
12 Middleton, Jacob	20	Heanor	1:06.15
			27.52 38.63
13 Screeton, Thomas	21	Blyth	1:08.08
			27.39 40.69
14 Geysen-Holley, Max	21	Rest Bay	1:08.68
			22.99 45.69
15 Dawson, Finlay	20	LSLC	1:11.02
			29.08 41.94
16 Chilvers, Josh	19	Retford	1:11.42
			26.22 45.20
17 Ostropyts'kyi, Alexander	20	LSLC	1:11.49
			27.32 44.17
18 Hyett, Ben	20	Pen y Bont	1:12.27
			29.15 43.12
19 Gubb, Harvey	20	Aberavon	1:13.10
			26.49 46.61
20 Clegg, Luke	21	Mumbles	1:13.48
			23.57 49.91
21 Cooper-Smith, Jordan	25	Heanor	1:17.17
			31.19 45.98
22 Torr, Ryan	21	LSLC	1:17.45
			32.40 45.05
23 Stephenson, Ben	20	Blyth	1:17.55
			27.87 49.68
24 Baguley, Tom	19	Retford	1:18.97
			13.44 1:05.53
25 Chambers, Samuel	20	Aberavon	1:19.06
			29.19 49.87
26 Harrison, Tomos	19	Poppit Sands	1:22.59
			32.27 50.32
27 Herbert, Alfie	20	Warwick Uni	1:25.30
			32.11 53.19
28 Sung, Kieran	20	Warwick Uni	1:27.54
			30.22 57.32
29 Cregan, Kit	27	Rest Bay	1:29.27
			33.70 55.57

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 69 Male/Open 100 LC Meter Manikin Tow (Fins) Individual)**

Name	Age	Team	Finals Time
--- Bridgewood, Andrew	21	Heanor	DQ
			26.79
--- Chilvers, Ben	19	Retford	DQ
			27.42 44.02

**Event 70 Female 30-34 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Carpenter, Sam	30	Blyth	1:13.06
			29.60 43.46
2 Morgan, Nadine	33	Rest Bay	1:24.85
			31.65 53.20

**Event 70 Female 35-39 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Davies, Pippa	38	Rest Bay	2:08.08
			41.63 1:26.45

**Event 70 Female 40-44 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Watkins, Emily	43	Aberavon	1:16.61
			29.41 47.20
2 Crook, Polly	42	Langland Bay	1:25.34
			7.37 1:17.97
3 Mosley, Isobel	40	Heanor	1:29.74
			32.19 57.55
4 Whitcombe, Sarah	44	Rest Bay	1:33.30
			34.14 59.16
5 Sedgwick, Cathy	40	Blyth	1:36.69
			33.60 1:03.09
6 Smart, Claire	44	Rest Bay	2:04.75
			1:50.52 14.23
--- Costello, Rhian	41	Langland Bay	DQ
			8.57 1:16.99
--- Gharahlar, Emma	43	Rest Bay	DQ
			33.19 52.11

**Event 70 Female 45-49 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Bellamy, Angelina	47	Vale	1:23.01
			32.14 50.87
2 Rowe, Rebecca	45	Rest Bay	1:23.26
			29.06 54.20
3 Healey, Rachel	45	Rascals	1:24.65
			32.40 52.25
4 Storey, Carole	49	Blyth	1:24.73
			34.74 49.99
5 Daniel, Kirsty	45	Rest Bay	1:34.84
			5.12 1:29.72
6 Whittaker, Gillian	45	Llantwit Major	1:40.59
			6.50 1:34.09
7 Evans, Natasha	48	Rest Bay	1:45.27
			10.81 1:34.46

**Event 70 Female 50-54 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Lewis, Emma	52	Skar & Pink Bay	1:23.18
			35.64 47.54
2 Appleby, Liz	53	Blyth	1:32.15
			37.48 54.67
3 Packman, Helen	53	Pen y Bont	1:37.29
			34.88 1:02.41

4 Schutte, Michelle	51	Pen y Bont	1:43.19
			40.23 1:02.96
5 Hill, Julie	50	Rhoose	1:46.47
			36.56 1:09.91
6 Chandler, Joanne	53	Blyth	1:50.16
			45.33 1:04.83
--- Ramsden-Hare, Louise	51	Mumbles	DQ
			40.18 1:00.09

**Event 70 Female 55-59 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Phinnemore, Andrea	56	Pen y Bont	1:39.07
			35.30 1:03.77
2 Gregory, Simone	57	Rest Bay	1:49.80
			43.45 1:06.35
3 Nyom, Sarah	56	Pen y Bont	2:09.72
			4.47 2:05.25

**Event 71 Male/Open 30-34 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Briggs, Calum	30	Heanor	1:07.28
			26.04 41.24
2 Arkley, Daniel	34	Blyth	2:08.57
			50.41 1:18.16
--- Ingham, Conor	31	Beacon	DQ
			28.71 49.53

**Event 71 Male/Open 35-39 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Abbott-Haigh, Gareth	39	Mumbles	1:07.84
			26.69 41.15
2 Parry, Christopher	35	Aberavon	1:15.32
			27.87 47.45
--- Lugg, Elliot	37	Pen y Bont	DQ
			29.20 42.58

**Event 71 Male/Open 40-44 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Rosewell, Lloyd	41	Pen y Bont	1:08.94
			9.17 59.77
2 Carley-Smith, Alistair	43	Mumbles	1:17.89
			27.77 50.12
3 James, Daniel	43	Rest Bay	1:23.51
			33.08 50.43
4 Bell, Stephen	43	Rest Bay	1:27.90
			33.37 54.53
5 Rines, Andrew	44	Aberavon	1:30.09
			34.10 55.99
6 Hale, James	42	Rhoose	1:34.46
			32.70 1:01.76
--- Howells, Glenn	44	Pen y Bont	DQ
			31.04 51.21
--- Bayliss, Alan	43	Rest Bay	DQ
			28.96 55.28

**Event 71 Male/Open 45-49 100 LC Meter Manikin Tow (Fins) Individual**

Name	Age	Team	Finals Time
1 Gill, Ned	46	Langland Bay	1:08.89
			27.80 41.09
2 Watkins, Dave	46	Pen y Bont	1:15.28
			30.80 44.48
3 Taylor, Stephen	48	Rest Bay	1:21.08
			31.37 49.71

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

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**(Event 71 Male/Open 45-49 100 LC Meter Manikin Tow (Fins) Individua**

Name	Age	Team	Finals Time
4 Evans, Edward	48	Poppit Sands	1:23.28
29.16	54.12		
5 Pettigrew, Lee	46	Gyllyngvase	1:25.10
32.19	52.91		
6 Newman, Gavin	49	Pen y Bont	1:26.24
34.77	51.47		
7 Atkin, Rob	46	Rest Bay	1:26.83
34.03	52.80		
8 Padbury, Joseph	46	Gyllyngvase	1:27.68
34.68	53.00		
9 Woodhall, Tom	48	Llantwit Major	1:28.95
32.77	56.18		
--- De-Schoolmeester, Ian	45	Pen y Bont	DQ
29.65	53.22		

**Event 71 Male/Open 50-54 100 LC Meter Manikin Tow (Fins) Individua**

Name	Age	Team	Finals Time
1 Fox, Terry	51	Rascals	1:05.20
27.02	38.18		
2 Robinson, Craig	53	Pen y Bont	1:15.52
27.34	48.18		
3 Nicholas, Grant	52	Mumbles	1:15.82
29.22	46.60		
4 Davies, Matthew	53	Rest Bay	1:16.30
31.34	44.96		
5 Davies, Lee	50	Pen y Bont	1:17.09
9.17	1:07.92		
6 Forster, Geraint	52	Poppit Sands	1:18.05
31.72	46.33		
7 Edwards, Mark	54	Skер & Pink Bay	1:26.19
34.65	51.54		
8 Morgan, Richard	53	Pen y Bont	1:29.39
32.35	57.04		
9 Davies, Paul	53	Poppit Sands	1:34.85
31.48	1:03.37		
10 Massignani, Lucio	54	Langland Bay	1:35.55
33.79	1:01.76		
11 Coombes, Barry	54	Skер & Pink Bay	1:36.18
10.95	1:25.23		
12 McAdie, Gair	50	Mumbles	1:40.61
41.87	58.74		
13 Chitty, Darren	53	Skер & Pink Bay	1:52.66
37.51	1:15.15		
--- Connolly, Hugh	50	Vale	DQ
43.48	1:00.07		

**Event 71 Male/Open 55-59 100 LC Meter Manikin Tow (Fins) Individua**

Name	Age	Team	Finals Time
1 Jones, Peter	55	Rest Bay	1:23.35
34.31	49.04		
2 Parker, Simon	59	Vale	1:24.28
34.36	49.92		
3 Llewellyn, Huw	55	Skер & Pink Bay	1:32.88
36.66	56.22		
4 Chandler, Mark	56	Blyth	1:45.24
40.53	1:04.71		

**Event 71 Male/Open 60-64 100 LC Meter Manikin Tow (Fins) Individua**

Name	Age	Team	Finals Time
1 Dalrymple, Andy	60	Langland Bay	1:25.18
31.65	53.53		

2 Baguley, Jeremy	61	Retford	1:26.10
31.82	54.28		
3 Yates, Ian	64	Pen y Bont	1:59.15
32.35	1:26.80		

**Event 71 Male/Open 65 & Over 100 LC Meter Manikin Tow (Fins) Indiv**

Name	Age	Team	Finals Time
1 Griffiths, Alun	67	Skер & Pink Bay	1:32.79
37.95	54.84		
2 John, Chris	66	Langland Bay	1:49.23
15.27	1:33.96		
--- Williams, Paul	66	Langland Bay	DQ
34.96	51.54		

**Event 81 Mixed 18 & Under LC Meter Relay Pool Lifesaver Relay**

Team	Relay	Finals Time
1 Rascals	A	2:09.41
1) Quinn, Elena W17	2) Postlethwaite, Ruby W18	
3) Baxter, Riley M16	4) Watson, Tobias M16	
28.91	18.42	1:30.41
2 Beacon	A	2:09.51
28.50	9.09	1:31.92
3 Pen y Bont	A	2:16.24
1) Gardener, Hannah W17	2) Poole, Olivia W17	
3) Adams, Ronan M18	4) Watkins, William M18	
30.57	4.71	1:40.96
4 Beacon	B	2:17.47
31.57	5.08	1:40.82
5 Blyth	A	2:19.67
32.91		1:29.37
6 Rascals	B	2:20.70
1) Clark, Grace W17	2) Cope, Aydrian W17	
3) Nightingale, Dylan M16	4) Pollicott, Harry M16	
33.16		1:51.80
7 Gyllyngvase	A	2:23.38
1) Mitchell, Amy W15	2) Mitchell, Evie W15	
3) Pettigrew, Anders M18	4) Padbury, Ekekiel M18	
30.35	26.26	1:26.77
8 Rhoose	A	2:25.62
1) Abbott, Theo M18	2) Hole, Ethan M17	
3) Wong, Ava W18	4) Chick, Rosie W18	
30.36	12.47	1:51.00
9 Pen y Bont	B	2:32.19
1) Lewis, Daisy W17	2) Davies, Chloe W17	
3) Ballantyne, Alex M17	4) Roberts, Eryn M18	
32.39	13.77	1:46.03
10 Skер & Pink Bay	A	2:32.57
1) Powell, Callum M17	2) Whittaker, Luke M16	
3) Daly, Isabella W16	4) Coombes, Cerys W18	
29.58	17.07	1:45.92
11 Rhoose	B	2:41.33
1) Davies, Osian M17	2) Nolan, Oliver M17	
3) Bazley, Caitlin W17	4) Gordon, Mabli W15	
31.63	9.89	2:01.21
12 Llantwit Major	A	2:42.37
1) Bartlett-Jenkins, Beau M16	2) Godsell, Matilda W16	
3) Honychurch, Dylan M16	4) Jarrett, Phoebe W16	
34.17	19.18	1:49.02
13 Rest Bay	A	2:44.76
1) Carey, Lucy W18	2) Hardwicke, Martha W17	
3) James, Edward M16	4) Atkin, Patrick M15	
37.59	1.43	2.71 2:03.03

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 81 Mixed 18 & Under LC Meter Relay Pool Lifesaver Relay)**

Team	Relay	Finals Time
14 Rascals	C	2:47.70
37.12	3.49	2:07.09
15 Southerndown	A	2:52.77
1) Jones, Isla W17	2) Davies, Lily W17	
3) Greig, Taylor M17	4) Bail-Braunton, Dylan M18	
	2:35.87	
16 Southerndown	B	3:13.48
1) Neenan, Eloise W15	2) Hedges, Joshua M15	
3) Hooper, Joshua M15	4) Greig, Nate M15	
39.71	2:34.65	

**Event 82 Mixed LC Meter Relay Pool Lifesaver Relay**

Team	Relay	Finals Time
1 Rascals	B	1:59.50
2 LSLC	A	2:00.27
1) Gray, Edward M23	2) Postlethwaite, Freddie M21	
3) Marchant, Rhiannon W22	4) Watson, Heather W20	
3 Crawley Town	A	2:08.21
1) Lopez, Amaia W20	2) Laing, Indigo W18	
3) Sadberry, Jack M22	4) Lopez, Asier M18	
4 Rascals	A	2:08.58
1) Quinn, Elena W17	2) Postlethwaite, Ruby W18	
3) Lester, Jack M25	4) Watson, Tobias M16	
5 Pen y Bont	A	2:15.20
6 Blyth	A	2:16.08
31.13	9.02	1:35.93
7 Sker & Pink Bay	D	2:16.33
28.97	27.80	30.71
8 Heanor	A	2:19.62
1) Mosley, Isobel W40	2) Voce, Lauren W22	
3) Bridgewood, Andrew M21	4) Middleton, Jacob M20	
32.56	10.67	1:36.39
9 Rest Bay	A	2:24.67
1) Cregan, Kit M27	2) Geysen-Holley, Max M21	
3) Davies, Abigail W21	4) Hickman, Eve W21	
37.02	26.18	11.92
10 LSLC	B	2:24.76
1) Robert, Addis M22	2) Hunt, Joshua M19	
3) Jordan, Lucy W23	4) Mavin, Keira W19	
11 Pen y Bont	C	2:29.36
12 Pen y Bont	B	2:29.37
13 Blyth	D	2:41.98
35.62	8.49	1:57.87
14 Mumbles	A	2:43.48
1) Clegg, Luke M21	2) Martin, Haydn M18	
3) Green, Jennifer W23	4) McAdie, Imogen W17	
28.98	1:57.53	1:51.59
15 Llantwit Major	D	2:53.35
33.29	4.40	12.56
--- Crawley Town	B	DQ
1) Wright, Lynsey W27	2) Newnham, Amy W19	
3) Schofield, Martin M27	4) Goodall, Jacob M23	
31.47	8.40	25.81
--- Mumbles	D	DQ
44.58	39.22	51.97
		36.79

**Event 83 Female 15-16 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Fitzgerald, Mali	16	Rest Bay	1:25.60
35.11	50.49		

2 Woods, Jess	16	Leeds	1:26.20
35.35	50.85		
3 Gordon, Mabli	15	Rhoose	1:26.52
32.75	53.77		
4 McGrane, Cara	16	Gyllyngvase	1:29.37
34.57	54.80		
5 Daly, Isabella	16	Sker & Pink Bay	1:30.19
37.02	53.17		
6 Blake, Orla	15	Wsi Clare	1:32.03
33.40	58.63		
7 Murphy, Hannah	16	Rascals	1:32.16
34.83	57.33		
8 Froggatt, Sophia	16	Rascals	1:33.01
35.73	57.28		
9 Godsell, Matilda	16	Llantwit Major	1:33.11
37.01	56.10		
10 Powell, Josie	16	Pen y Bont	1:33.62
37.40	56.22		
11 Jones, Isabella	16	Rest Bay	1:34.12
33.70	1:00.42		
12 Brissett, Gemma	15	Crawley Town	1:35.85
35.14	1:00.71		
13 Coles, Sophie	16	Pen y Bont	1:39.07
38.99	1:00.08		
14 Watkins, Mylee	16	Aberavon	1:39.73
36.95	1:02.78		
15 Taylor, Shelby	16	Heanor	1:40.92
38.47	1:02.45		
16 Moores, Harriet	15	Rascals	1:40.99
37.49	1:03.50		
17 Takata, Kaiya	16	Vale	1:41.57
36.35	1:05.22		
18 Binns, Isabella	16	Crawley Town	1:42.95
37.12	1:05.83		
19 Mowbray, Amy	16	Blyth	1:48.07
39.94	1:08.13		
20 Harries, Elin	16	Poppit Sands	1:49.59
40.09	1:09.50		
21 Burlingham, India	16	Rest Bay	1:49.94
38.42	1:11.52		
22 Benbow, Maya	15	Pen y Bont	1:52.87
39.73	1:13.14		
23 Gill, Bella	16	Langland Bay	1:53.76
39.72	1:14.04		
24 Storey, Kayla	16	Blyth	1:55.40
39.70	1:15.70		
25 Rees, Manon	16	Poppit Sands	1:59.89
39.04	1:20.85		
26 Poole, Natasha	15	Blyth	2:03.82
40.91	1:22.91		
27 Hodgkinson, Emily	15	Rascals	2:05.20
37.88	1:27.32		
28 Barham, Ruby	15	Sker & Pink Bay	2:05.64
44.17	1:21.47		
29 Jarrett, Phoebe	16	Llantwit Major	2:07.62
42.10	1:25.52		
30 Dabrowska, Maisie	16	Rhoose	2:08.41
41.47	1:26.94		
31 Rees Langley, Lili	16	Poppit Sands	2:08.65
46.35	1:22.30		
32 Powell, Lauren	15	Llantwit Major	2:18.27
57.03	1:21.24		

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 83 Female 15-16 100 LC Meter Rescue Medley Individual)**

Name	Age	Team	Finals Time
33 Woodhall, Ellen	15	Llantwit Major	2:32.36
			44.29 1:48.07
--- Haigh, Bella	16	Vale	DQ
			42.49 1:12.32

**Event 84 Male 15-16 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Baxter, Riley	16	Rascals	1:15.41
			31.73 43.68
2 Cusack, Ben	16	Beacon	1:15.71
			29.02 46.69
3 Nightingale, Dylan	16	Rascals	1:17.68
			32.65 45.03
4 Pollicott, Harry	16	Rascals	1:19.97
			32.61 47.36
5 Brough, Jack	15	Rascals	1:24.85
			34.89 49.96
6 Pound, Leon	15	Rhoose	1:28.68
			33.89 54.79
7 Whittaker, Luke	16	Skер & Pink Bay	1:29.70
			33.57 56.13
8 Bartlett-Jenkins, Beau	16	Llantwit Major	1:30.10
			34.74 55.36
9 Brewer, Evan	16	Rhoose	1:34.34
			36.00 58.34
10 Robertson, Jack	16	Beacon	1:37.02
			37.92 59.10
11 James, Edward	16	Rest Bay	1:37.20
			36.70 1:00.50
12 Goldsmith, Oscar	16	Beacon	1:37.34
			36.26 1:01.08
13 Roberts, Iestyn	15	Pen y Bont	1:38.75
			38.70 1:00.05
14 Coles, Tom	15	Pen y Bont	1:40.65
			43.73 56.92
15 Chandler, Bailey	16	Blyth	1:40.80
			39.95 1:00.85
16 Byrne, Tristan	15	Aberavon	1:43.90
			34.45 1:09.45
17 Hooper, Joshua	15	Southerndown	1:51.85
			39.30 1:12.55
18 Honychurch, Dylan	16	Llantwit Major	1:56.85
			48.39 1:08.46
19 Atkin, Patrick	15	Rest Bay	2:08.59
			46.61 1:21.98
20 Chislett, Thomas	15	Rest Bay	2:14.42
			51.93 1:22.49
--- Williams, Osian	15	Skер & Pink Bay	DQ
			40.16
--- Greig, Nate	15	Southerndown	DQ
			38.96

**Event 85 Female 17-18 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 James, Grace	17	Rest Bay	1:19.16
			32.40 46.76
2 Lawson, Isla	17	Beacon	1:21.99
			31.78 50.21
3 Cope, Ayrrian	17	Rascals	1:27.91
			32.82 55.09

4 Quinn, Elena	17	Rascals	1:28.47
			34.36 54.11
5 Carey, Lucy	18	Rest Bay	1:31.84
			35.02 56.82
6 Gardener, Hannah	17	Pen y Bont	1:33.12
			34.03 59.09
7 Collis, Elizabeth	17	Beacon	1:33.38
			34.02 59.36
8 Laing, Indigo	18	Crawley Town	1:34.72
			35.65 59.07
9 Clark, Grace	17	Rascals	1:36.81
			37.18 59.63
10 Pegrum, Martha	18	Llantwit Major	1:44.66
			40.97 1:03.69
11 Carey, Amy	17	Rest Bay	1:45.60
			41.97 1:03.63
12 Coombes, Cerys	18	Skер & Pink Bay	1:47.60
			39.00 1:08.60
13 Davies, Alice	18	Poppit Sands	1:48.43
			39.80 1:08.63
14 Smith, Emme	18	Rascals	1:50.13
			43.10 1:07.03
15 Appleby, Skye	17	Blyth	1:52.19
			44.70 1:07.49
16 Green, Bethan	17	Poppit Sands	1:54.18
			45.05 1:09.13
17 Durrant, Florence	18	Llantwit Major	1:56.69
			45.16 1:11.53
18 Durrant, Annabel	18	Llantwit Major	2:01.85
			48.94 1:12.91
19 McAdie, Imogen	17	Mumbles	2:09.07
			42.62 1:26.45
--- Robinson, Bethan	18	Blyth	DQ
			43.46

**Event 86 Male 17-18 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Lopez, Asier	18	Crawley Town	1:08.11
			28.45 39.66
2 Watkins, William	18	Pen y Bont	1:09.55
			28.78 40.77
3 Adams, Ronan	18	Pen y Bont	1:12.05
			28.45 43.60
4 Bonev, Noah	17	Blyth	1:13.71
			30.23 43.48
5 Macklen, Harry	17	Beacon	1:14.80
			29.73 45.07
6 Lamont, Cillian	18	Rascals	1:16.10
			29.70 46.40
7 Hole, Ethan	17	Rhoose	1:18.28
			31.98 46.30
8 Robertosn, Lachlan	18	Beacon	1:18.87
			31.55 47.32
9 Mowbray, James	18	Blyth	1:21.53
			33.32 48.21
10 Padbury, Ekekiel	18	Gyllyngvase	1:23.27
			32.94 50.33
11 Ballantyne, Alex	17	Pen y Bont	1:25.09
			31.68 53.41
12 Roberts, Eryn	18	Pen y Bont	1:26.06
			32.97 53.09

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 86 Male 17-18 100 LC Meter Rescue Medley Individual)**

Name	Age	Team	Finals Time
13 Stevenson, Callum	18	Heanor	1:33.24
	33.67	59.57	
14 Davies, Osian	17	Rhoose	1:33.67
	35.76	57.91	
15 Greig, Taylor	17	Southerndown	1:43.86
	37.07	1:06.79	
16 Bail-Braunton, Dylan	18	Southerndown	1:59.35
	41.70	1:17.65	

**Event 87 Female 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Robson, Emily	23	RPY	1:14.69
	30.84	43.85	
2 James, Grace	17	Rest Bay	1:19.11
	32.82	46.29	
3 Marchant, Rhiannon	22	LSLC	1:20.90
	31.26	49.64	
4 Fisher, Mimi	19	Rascals	1:22.75
	31.27	51.48	
5 Hickman, Eve	21	Rest Bay	1:22.79
	32.67	50.12	
6 Green, Jennifer	23	Mumbles	1:22.84
	32.80	50.04	
7 Watson, Heather	20	LSLC	1:23.13
	33.39	49.74	
8 Davies, Abigail	21	Rest Bay	1:24.50
	31.75	52.75	
9 Cranch, Molly	23	Skerr & Pink Bay	1:24.96
	32.77	52.19	
10 Lewis, Cara	19	Pen y Bont	1:26.06
	33.59	52.47	
11 Roche, Lillian	20	Gyllyngvase	1:30.16
	37.13	53.03	
12 Daly, Kirsten	20	Skerr & Pink Bay	1:31.40
	33.63	57.77	
13 Newnham, Amy	19	Crawley Town	1:45.89
	38.14	1:07.75	
--- Cooke, Jasmin	19	Blyth	DQ
	43.35		

**Event 88 Male/Open 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Sadberry, Jack	22	Crawley Town	1:03.74
	26.45	37.29	
2 Geysen-Holley, Max	21	Rest Bay	1:06.39
	26.38	40.01	
3 Waterfall, Luke	21	Rascals	1:08.99
	29.04	39.95	
4 Hyett, Ben	20	Pen y Bont	1:11.35
	29.62	41.73	
5 Hayes, Ferdia	20	Wsi Clare	1:11.40
	29.02	42.38	
6 Gray, Edward	23	LSLC	1:12.53
	28.32	44.21	
7 Whittaker, Daniel	20	Skerr & Pink Bay	1:14.71
	30.42	44.29	
8 Clegg, Luke	21	Mumbles	1:15.42
	28.59	46.83	
9 Adams, Ronan	18	Pen y Bont	1:16.11
	29.17	46.94	

10 Middleton, Jacob	20	Heanor	1:17.50
	31.49	46.01	
11 Ostropyts'kyy, Alexander	20	LSLC	1:17.59
	29.08	48.51	
12 Lester, Jack	25	Rascals	1:17.89
	31.76	46.13	
13 Schofield, Martin	27	Crawley Town	1:18.72
	31.95	46.77	
14 Chilvers, Ben	19	Retford	1:23.17
	34.32	48.85	
15 Hunt, Joshua	19	LSLC	1:23.71
	30.97	52.74	
16 Baguley, Tom	19	Retford	1:26.45
	33.61	52.84	
17 Stephenson, Ben	20	Blyth	1:28.93
	36.06	52.87	
18 Screeton, Thomas	21	Blyth	1:30.23
	32.43	57.80	
19 Chilvers, Josh	19	Retford	1:32.28
	31.02	1:01.26	
20 Torr, Ryan	21	LSLC	1:32.43
	36.54	55.89	
21 Cooper-Smith, Jordan	25	Heanor	1:38.33
	36.38	1:01.95	
22 Harrison, Tomos	19	Poppit Sands	1:43.64
	41.46	1:02.18	
23 Cregan, Kit	27	Rest Bay	1:59.40
	43.44	1:15.96	

**Event 89 Female 30-34 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Marshall, Sally	30	Rascals	1:24.50
	32.87	51.63	
2 Carpenter, Sam	30	Blyth	1:27.21
	37.47	49.74	

**Event 89 Female 40-44 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Watkins, Emily	43	Aberavon	1:39.80
	36.67	1:03.13	
2 Gharahlar, Emma	43	Rest Bay	1:41.55
	41.29	1:00.26	
3 Costello, Rhian	41	Langland Bay	1:54.16
	38.42	1:15.74	
4 Sedgwick, Cathy	40	Blyth	2:26.48
	47.11	1:39.37	
--- Mosley, Isobel	40	Heanor	DQ
	39.27	1:17.70	

**Event 89 Female 45-49 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Storey, Carole	49	Blyth	2:06.76
	43.19	1:23.57	
2 Daniel, Kirsty	45	Rest Bay	2:34.66
	49.95	1:44.71	

**Event 89 Female 50-54 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Ramsden-Hare, Louise	51	Mumbles	2:21.50
	55.60	1:25.90	

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**Event 90 Male/Open 30-34 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Briggs, Calum	30	Heanor	1:22.27
	30.20	52.07	

**Event 90 Male/Open 35-39 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Abbott-Haigh, Gareth	39	Mumbles	1:38.71
	37.54	1:01.17	
2 Lugg, Elliot	37	Pen y Bont	1:47.63
	34.20	1:13.43	

**Event 90 Male/Open 40-44 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Rosewell, Lloyd	41	Pen y Bont	1:17.36
	32.24	45.12	
2 Bell, Stephen	43	Rest Bay	1:28.45
	34.44	54.01	
3 Bayliss, Alan	43	Rest Bay	1:29.87
	34.97	54.90	
4 Carley-Smith, Alistair	43	Mumbles	1:32.15
	33.68	58.47	
5 James, Daniel	43	Rest Bay	1:52.21
	44.19	1:08.02	

**Event 90 Male/Open 45-49 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Watkins, Richard	48	Pen y Bont	1:17.02
	31.81	45.21	
2 Gill, Ned	46	Langland Bay	1:31.72
	35.68	56.04	
3 De-Schoolmeester, Ian	45	Pen y Bont	1:34.19
	36.89	57.30	
4 Atkin, Rob	46	Rest Bay	1:58.81
	44.99	1:13.82	
5 Woodhall, Tom	48	Llantwit Major	2:00.57
	42.96	1:17.61	
6 Newman, Gavin	49	Pen y Bont	2:22.98
	48.76	1:34.22	

**Event 90 Male/Open 50-54 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Fox, Terry	51	Rascals	1:23.85
	32.64	51.21	
2 Davies, Paul	53	Poppit Sands	1:38.45
	36.22	1:02.23	
3 Davies, Matthew	53	Rest Bay	1:44.50
	36.65	1:07.85	
4 Parkinson, Andy	53	Langland Bay	1:49.41
	41.19	1:08.22	
5 Forster, Geraint	52	Poppit Sands	1:54.64
	39.65	1:14.99	
6 McAdie, Gair	50	Mumbles	2:34.72
	46.80	1:47.92	

**Event 90 Male/Open 55-59 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Parker, Simon	59	Vale	1:45.82
	43.18	1:02.64	
2 Jones, Peter	55	Rest Bay	1:59.16
	43.43	1:15.73	
3 Llewellyn, Huw	55	Skер & Pink Bay	2:15.56
	43.31	1:32.25	

4 Faulkner, Tony	59	Mumbles	2:16.97
	45.25	1:31.72	

**Event 90 Male/Open 60-64 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 Yates, Ian	64	Pen y Bont	1:59.47
	38.69	1:20.78	
2 Dalrymple, Andy	60	Langland Bay	1:59.94
	41.69	1:18.25	

**Event 90 Male/Open 65 & Over 100 LC Meter Rescue Medley Individual**

Name	Age	Team	Finals Time
1 John, Chris	66	Langland Bay	1:56.20
	41.12	1:15.08	
2 Griffiths, Alun	67	Skер & Pink Bay	1:59.99
	43.93	1:16.06	
3 Williams, Paul	66	Langland Bay	2:10.61
	50.41	1:20.20	

**Event 97 Female 14 & Under 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	2:10.78
	34.10 26.96 1:09.72	
2 Rascals	A	2:15.55
	34.15 27.10 1:14.36	
3 Rhoose	A	2:17.51
	1) Hamonet, Evie 14 2) Sheppard, Evie 13 3) Hale, Mali-Rae 14 4) O'Herlihy, Ffion 14	
	33.43 27.12 7.61 1:09.35	
4 Rest Bay	A	2:19.85
	1) Ellis, Olivia 14 2) Jack, Layla 14 3) Launder, Beatrix 13 4) Brown, Thea 13	
	34.64 29.46 4.36 1:11.39	
5 Aberavon	A	2:25.40
	1) Bond, Ruby 14 3) Bond, Mia 14	
	34.59 27.57 11.25 1:11.99	
6 Rest Bay	B	2:28.18
	1) Hunter, Maibel 13 2) Williams, Evelyn 13 3) Lyons-Jones, Ava 13 4) Mordecai, Thea 13	
	37.97 29.57 1:31.17	
7 Pen y Bont	B	2:31.23
	39.53 28.98 1:33.70	
8 Rhoose	B	2:31.84
	1) Mason, Lilly 14 2) Sargent, Teegan 14 3) Nolan, Joanie 14 4) Braddon, Abby 14	
	38.16 27.17 7.21 1:19.30	
9 Poppit Sands	A	2:34.78
	38.53 34.83 1:25.96	
10 Llantwit Major	A	2:44.42
	1) Jennings, Tula Starr 14 2) Lyne, Anwen 14 3) Hatherell, Alice 14 4) Rimmer, Phoebe 13	
	41.08 32.86 1:42.67	

**Event 98 Male 14 & Under 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	2:10.86
	33.25 30.19 1:11.41	
2 Rhoose	A	2:25.55
	1) Powell, Jacob 14 2) Marshall, Sebastian 14 3) Thompson, Finley 13 4) Phillips, Steffan 14	
	35.20 29.51 1:23.69	

## Welsh Stillwater Lifesaving Champs 2026 - 24/01/2026 to 25/01/2026

## Results

**(Event 98 Male 14 & Under 4x50 LC Meter Medley Relay Relay)**

Team	Relay	Finals Time
3 Vale	A	2:30.44
1) Crespo, Danny 14	2) Earls, Shane 14	
3) Wildgoose, Austin 14	4) Gopinath, Mahath 14	
36.45 29.64	1:30.32	
4 Rest Bay	A	2:31.83
1) Evans, Charlie 14	4) Mohamed, Adam 14	
3) Yardley, Josh 14		
40.53 32.75	1:30.50	

**Event 99 Female 17-18 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Rest Bay	A	2:01.36
1) Hardwicke, Martha 17	2) Davies, Seren 18	
3) James, Grace 17	4) Carey, Lucy 18	
30.21 26.19	9.93 55.03	
2 Pen y Bont	A	2:01.73
30.28 26.34	8.09 57.02	
3 Crawley Town	A	2:02.83
31.36 22.72	32.67 36.08	
4 Rhoose	A	2:08.47
1) Wong, Ava 18	2) Chick, Rosie 18	
3) Lloyd, Ruby 15	4) Bazley, Caitlin 17	
31.94 27.29	1:10.01	
5 Llantwit Major	A	2:11.21
1) Durrant, Annabel 18	2) Durrant, Florence 18	
3) Pegrum, Martha 18	4) Godsell, Matilda 16	
31.00 28.64	0.88 1:10.69	
6 Rascals	A	2:14.17
3) Cope, Aydrian 17	2) Smith, Emme 18	
36.41 29.96	4) Postlethwaite, Ruby 18	
	2.60 1:05.20	

**Event 100 Male 17-18 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Rascals	A	1:45.89
26.18 23.51	5.70 50.50	
2 Beacon	A	1:46.26
27.24 19.18	12.00 47.84	
3 Pen y Bont	A	1:46.82
27.33 21.17	5.31 53.01	
4 Rhoose	A	1:57.08
1) Abbott, Theo 18	2) Davies, Osian 17	
3) Hole, Ethan 17	4) Nolan, Oliver 17	
26.72 25.11	1:10.04	
5 Southerndown	A	2:15.75
1) Hooper, Joshua 15	2) Greig, Taylor 17	
3) Greig, Nate 15	4) Bail-Braunton, Dylan 18	
34.82 24.19	3.62 1:13.12	

**Event 101 Female 15-16 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Gyllyngvase	A	2:00.30
1) Ashwin, Maisie 16	2) McGrane, Cara 16	
3) Mitchell, Amy 15	4) Mitchell, Evie 15	
30.18 24.82	1:11.01	
2 Sker & Pink Bay	A	2:05.25
1) Barham, Ruby 15	2) Daly, Isabella 16	
3) Long, Sadie 15	4) Sanders, Heaven-Leigh 15	
30.80 29.59	1:07.64	

3 Rest Bay	A	2:06.35
1) Whitcombe, Lili 15	2) Burlingham, India 16	
3) Fitzgerald, Mali 16	4) Jones, Isabella 16	
34.91 24.83	1:09.07	
4 Rhoose	A	2:08.58
1) Thompson, Isla 15	2) Hill, Soren 15	
3) Gordon, Mabli 15	4) Hill, Poppy 16	
33.10 26.82	33.96 34.70	
5 Pen y Bont	A	2:09.46
30.05 28.34	1:16.74	
6 Rascals	A	2:12.93
1) Moores, Harriet 15	2) Hodgkinson, Emily 15	
3) Murphy, Hannah 16	4) Froggatt, Sophia 16	
32.69 28.59	1:18.54	
7 Poppit Sands	A	2:22.82
33.63 29.31	1:24.48	
8 Blyth	A	2:23.71
34.44 26.97	3.92 1:18.38	
9 Langland Bay	A	2:27.79
1) Gill, Bella 16	2) Jones, Hannah 16	
3) Shadrach, Connie 16		
34.94 33.93	1:29.14	
10 Llantwit Major	A	2:29.25
1) Jarrett, Phoebe 16	2) Powell, Lauren 15	
3) Woodhall, Ellen 15	4) Jones, Menna 15	
34.84 34.20	1:37.59	

**Event 102 Male 15-16 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Rascals	A	1:54.90
34.11 20.46	6.65 53.68	
2 Pen y Bont	A	2:00.38
30.93 25.20	24.18 40.07	
3 Rhoose	A	2:01.21
1) Bartram, Solomon 16	2) Brewer, Evan 16	
3) Pound, Leon 15	4) Nicholas, Harry 15	
30.54 27.82	9.02 53.83	
4 Beacon	A	2:04.32
33.28 23.32	34.30 33.42	
5 Sker & Pink Bay	A	2:14.04
1) Chitty, Oliver 15	2) Whittaker, Luke 16	
3) Williams, Osian 15	4) Chitty, Joshua 14	
30.34 27.16	1:16.56	
--- Aberavon	A	DQ
1) Rines, Harri 15	2) Rees, Harvey 15	
3) Muller, Max 16	4) Byrne, Tristan 15	
30.85 40.92	1:04.76	

**Event 103 Female 20-39 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	1:54.18
28.79 23.14	12.05 50.20	

**Event 103 Female 40-69 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	2:05.57
32.64 26.86	1:13.35	
2 Langland Bay	D	2:16.16
1) Costello, Rhian 41	2) Crook, Polly 42	
3) Clement, Virginia 43		
34.31 30.17	10.07 1:01.61	
3 Mumbles	A	2:26.70
1) Maddock, Ruby 34		
41.25 26.43	1.21 1:17.81	

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**(Event 103 Female 40-69 4x50 LC Meter Medley Relay Relay)**

Team	Relay	Finals Time
4 Blyth	A	2:32.12
38.77 35.29	1:24.18	
5 Rest Bay	A	2:47.13
1) Davies, Pippa 38	2) Smart, Claire 44	
3) Morgan, Nadine 33	4) Daniel, Kirsty 45	
51.26 38.83	1:24.75	

**Event 103 Female 70-99 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Rest Bay	A	2:23.44
1) Whitcombe, Sarah 44	2) Evans, Natasha 48	
3) Rowe, Rebecca 45	4) Gharahlar, Emma 43	
38.95 33.61	1:14.99	

**Event 103 Female 100 & Over 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Pen y Bont	B	2:45.96
40.54 38.80	1:36.63	
2 Langland Bay	D	3:08.13
48.64 32.35	1:53.26	

**Event 103 Male/Open 20-39 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Pen y Bont	A	2:26.80
33.31 27.01	1:33.98	

**Event 103 Male/Open 40-69 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Langland Bay	D	2:09.69
1) Gray, Stuart 41	4) Edwards, Tomos 35	
3) Gill, Ned 46	0.01 1:15.21	
31.29 23.18		

**Event 103 Male/Open 70-99 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Mumbles	A	1:59.62
1) Abbott-Haigh, Gareth 39	2) Carley-Smith, Alistair 43	
3) Nicholas, Grant 52		
31.85 24.96	1:09.10	
2 Rest Bay	A	2:03.26
1) Davies, Matthew 53	2) Bell, Stephen 43	
3) Taylor, Stephen 48	4) Bayliss, Alan 43	
31.49 27.49	0.33 1:03.95	
3 Poppit Sands	D	2:14.79
31.48 28.93	1:26.99	
4 Langland Bay	D	2:19.55
1) Grounds, Darren 48	2) Clement, Rhys 43	
3) Parkinson, Andy 53	4) Massignani, Lucio 54	
33.66 28.48	1:29.06	
5 Rhoose	D	2:25.70
38.35 27.21	39.27 40.87	
6 Gyllyngvase	A	2:25.81
36.05 29.96	1:32.10	
7 Vale	A	2:27.75
37.03 32.87	1:21.88	
8 Mumbles	B	2:43.94
1) McAdie, Gair 50		
32.67 32.67	1:53.25	
9 Rest Bay	B	2:44.90
1) Gregory, Simone 57	2) Jones, Peter 55	
3) James, Daniel 43		
55.01 28.37	39.82 41.70	

**Event 103 Male/Open 100 & Over 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Sker & Pink Bay	D	2:25.23
35.99 30.13	1:34.00	
2 Langland Bay	D	2:32.11
1) Williams, Paul 66	2) John, Chris 66	
3) Dalrymple, Andy 60	4) Pelders, Koert 59	
38.90 30.94	1:32.25	
3 Mumbles	A	2:32.79
1) White, Chris 54	2) Faulkner, Tony 59	
3) Ramsden-Hare, Louise 51		
38.13 34.08	1:38.25	
4 Sker & Pink Bay	B	2:42.93
39.45 32.66	1:46.56	
5 Blyth	A	2:55.89
44.59 33.46	1:50.54	

**Event 107 Female 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Rascals	A	1:52.90
32.65 20.85	0.08 59.32	
2 LSLC	A	1:53.01
30.99 22.59	10.25 49.18	
3 Pen y Bont	A	1:56.66
30.73 21.66	1:04.85	
4 Rest Bay	A	1:58.40
28.82 25.86	5.12 58.60	
5 Sker & Pink Bay	D	1:58.72
30.50 25.06	11.39 51.77	
6 Crawley Town	A	2:00.93
31.35 25.21	7.29 57.08	
7 Vale	A	2:04.24
31.33 23.47	1:12.60	
8 Rest Bay	C	2:04.26
34.48 25.91	0.96 1:02.91	
9 Rest Bay	B	2:10.83
36.99 26.90	33.51 33.43	
10 Blyth	D	2:15.70
36.42 27.54	13.60 58.14	
11 Pen y Bont	B	2:15.78
30.43 26.26	11.16 1:07.93	
12 Llantwit Major	D	2:23.98
35.40 33.72	37.90 36.96	
13 Pen y Bont	C	2:45.59
41.13 39.05	1:34.31	

**Event 108 Male/Open 4x50 LC Meter Medley Relay Relay**

Team	Relay	Finals Time
1 Crawley Town	A	1:40.72
28.79 19.49	11.47 40.97	
2 Rascals	A	1:41.13
26.58 20.08	0.85 53.62	
3 Pen y Bont	A	1:43.80
26.21 20.66	56.98	
4 Blyth	A	1:46.48
28.48 20.47	23.84 33.69	
5 Gyllyngvase	A	1:48.44
29.37 24.52	12.67 41.88	
6 Sker & Pink Bay	D	1:51.83
29.92 22.19	11.22 48.50	

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**(Event 108 Male/Open 4x50 LC Meter Medley Relay Relay)**

Team	Relay		Finals Time	
7 Heanor	A		1:52.45	
1) Bridgewood, Andrew 21	2) Cooper-Smith, Jordan 25			
3) Stevenson, Callum 18	4) Middleton, Jacob 20			
27.65	24.21	5.79	54.80	
8 Warwick Uni	A		1:52.85	
28.89	23.08	3.85	57.03	
9 LSLC	B		1:53.52	
30.54	21.90	11.17	49.91	
10 Mumbles	A		1:53.98	
26.64	23.61		1:08.31	
11 Pen y Bont	B		1:54.09	
27.26	1:26.83		1:01.05	
12 Rest Bay	A		1:58.27	
37.06	22.79	0.65	57.77	
13 Pen y Bont	C		1:58.29	
29.30	20.90	7.77	1:00.32	
14 Blyth	D		2:05.83	
30.51	28.34	9.09	57.89	
15 Llantwit Major	D		2:08.74	
34.92	27.57		1:09.59	
16 Poppit Sands	D		2:12.50	
30.31	26.79		1:22.72	
--- LSLC	A		DQ	
26.42	18.74		53.53	